

UFO HUB

LIVE STREAM



1
00:00:38,520 --> 00:00:11,470
[Music]

2
00:00:38,520 --> 00:00:38,530
so

3
00:00:38,530 --> 00:00:47,910
[Music]

4
00:00:47,920 --> 00:00:54,510
so

5
00:01:39,830 --> 00:01:20,070
[Music]

6
00:01:39,840 --> 00:02:00,469
food

7
00:02:00,479 --> 00:02:06,670
do

8
00:02:06,680 --> 00:02:41,110
[Music]

9
00:02:41,120 --> 00:02:53,930
do

10
00:02:53,940 --> 00:03:39,910
[Music]

11
00:03:44,309 --> 00:03:42,229
hi everyone welcome to the ufo hub live

12
00:03:47,270 --> 00:03:44,319
stream today's guest is going to be

13
00:03:48,710 --> 00:03:47,280

penny kelly back by popular demand

14

00:03:51,030 --> 00:03:48,720

usually i

15

00:03:53,429 --> 00:03:51,040

uh on and off occasionally have people

16

00:03:55,830 --> 00:03:53,439

requesting for guests to be back and i

17

00:03:58,470 --> 00:03:55,840

always try to oblige but

18

00:04:01,270 --> 00:03:58,480

never really did i have it before to

19

00:04:03,990 --> 00:04:01,280

where i had messages and emails uh

20

00:04:07,190 --> 00:04:04,000

telegram uh quite a few asking penny to

21

00:04:09,750 --> 00:04:07,200

be back so of course then i

22

00:04:12,869 --> 00:04:09,760

did my best and so we tried to work out

23

00:04:14,949 --> 00:04:12,879

a time and today worked out just fine so

24

00:04:17,670 --> 00:04:14,959

for those of you who are just now uh

25

00:04:18,710 --> 00:04:17,680

tuning in for the very first time uh to

26

00:04:20,550 --> 00:04:18,720

um

27

00:04:22,950 --> 00:04:20,560

i guess if you've if this is your very

28

00:04:24,870 --> 00:04:22,960

first time hearing about penny kelly uh

29

00:04:26,870 --> 00:04:24,880

this kind of interview is actually going

30

00:04:29,189 --> 00:04:26,880

to be more of a question and answers we

31

00:04:31,270 --> 00:04:29,199

did an interview a couple of weeks ago

32

00:04:33,990 --> 00:04:31,280

and the the link to that is in the

33

00:04:36,150 --> 00:04:34,000

description below so i apologize if you

34

00:04:39,030 --> 00:04:36,160

didn't know that beforehand but you can

35

00:04:41,590 --> 00:04:39,040

find out more about penny and and how

36

00:04:43,430 --> 00:04:41,600

things started for her and her books in

37

00:04:45,270 --> 00:04:43,440

the previous interview where this one is

38

00:04:46,550 --> 00:04:45,280

going to be mainly q a

39

00:04:48,629 --> 00:04:46,560

also what you can find in the

40

00:04:51,909 --> 00:04:48,639

description below is all the links and

41

00:04:54,230 --> 00:04:51,919

everything that penny has to offer

42

00:04:56,469 --> 00:04:54,240

you can sign up to her patreon page her

43

00:04:58,390 --> 00:04:56,479

website and i'm pretty sure she probably

44

00:04:59,909 --> 00:04:58,400

has some contact info there and some

45

00:05:02,230 --> 00:04:59,919

other information that you might find

46

00:05:03,350 --> 00:05:02,240

useful so i always encourage everyone to

47

00:05:04,150 --> 00:05:03,360

check it out

48

00:05:05,029 --> 00:05:04,160

so

49

00:05:07,270 --> 00:05:05,039

um

50

00:05:08,870 --> 00:05:07,280

we're since we're going to go straight

51
00:05:10,870 --> 00:05:08,880
into question and answers and this is

52
00:05:13,270 --> 00:05:10,880
kind of going to be a continuation of

53
00:05:15,670 --> 00:05:13,280
the previous interview uh

54
00:05:18,710 --> 00:05:15,680
we're basically going to um

55
00:05:20,629 --> 00:05:18,720
just go into q a as soon as possible so

56
00:05:22,469 --> 00:05:20,639
if you're on chat or youtube chat

57
00:05:25,350 --> 00:05:22,479
specifically or twitch

58
00:05:28,070 --> 00:05:25,360
you can just put three little asterisks

59
00:05:29,670 --> 00:05:28,080
or those three little stars and then

60
00:05:31,909 --> 00:05:29,680
followed by your question that's going

61
00:05:33,990 --> 00:05:31,919
to pop out at me which means that that

62
00:05:36,950 --> 00:05:34,000
question is for penny and i will ask

63
00:05:39,510 --> 00:05:36,960

that for you on the air or you can be

64

00:05:41,430 --> 00:05:39,520

logged into the ufo hub telegram which

65

00:05:43,270 --> 00:05:41,440

is also in the description below the

66

00:05:45,590 --> 00:05:43,280

voice chat is going on right now and we

67

00:05:47,189 --> 00:05:45,600

have a few people just either listening

68

00:05:48,710 --> 00:05:47,199

or they can

69

00:05:50,710 --> 00:05:48,720

tap the little button to raise their

70

00:05:54,710 --> 00:05:50,720

hand and ask a question of penny

71

00:05:56,870 --> 00:05:54,720

themselves so anyway without any further

72

00:05:59,270 --> 00:05:56,880

ado let me bring in penny

73

00:06:01,430 --> 00:05:59,280

penny welcome how are you

74

00:06:03,430 --> 00:06:01,440

i'm very well thank you

75

00:06:06,469 --> 00:06:03,440

it's good to be back with you i enjoyed

76

00:06:09,510 --> 00:06:06,479

our our talk last time

77

00:06:11,909 --> 00:06:09,520

um i i did as well and and apparently uh

78

00:06:13,909 --> 00:06:11,919

many people did too so i'm really glad

79

00:06:16,629 --> 00:06:13,919

you were able to accommodate and i'm not

80

00:06:19,110 --> 00:06:16,639

going to disclose much but apparently we

81

00:06:21,990 --> 00:06:19,120

are very very close to each other today

82

00:06:23,909 --> 00:06:22,000

and we're both in arkansas so i'm going

83

00:06:26,309 --> 00:06:23,919

to leave it at that so

84

00:06:28,629 --> 00:06:26,319

that was kind of interesting but anyway

85

00:06:30,390 --> 00:06:28,639

so uh penny i figured

86

00:06:33,189 --> 00:06:30,400

let's start with the first question and

87

00:06:36,950 --> 00:06:33,199

then we'll take it from there

88

00:06:38,550 --> 00:06:36,960

okay go okay all right so um i saw uh

89

00:06:41,830 --> 00:06:38,560
sent this in earlier i usually can't

90

00:06:43,430 --> 00:06:41,840
take questions over uh telegram um but

91

00:06:44,230 --> 00:06:43,440
it seemed like that

92

00:06:45,590 --> 00:06:44,240
she

93

00:06:48,790 --> 00:06:45,600
would have been very difficult for it to

94

00:06:51,189 --> 00:06:48,800
ask so anyway i will convey this to you

95

00:06:52,469 --> 00:06:51,199
she says hi penny i'm from portugal and

96

00:06:58,870 --> 00:06:52,479
even

97

00:07:05,749 --> 00:06:58,880
life

98

00:07:06,710 --> 00:07:05,759
am an unemployed woman teacher mom wife

99

00:07:10,629 --> 00:07:06,720
at

100

00:07:13,029 --> 00:07:10,639
and it's being very hard to find a piece

101

00:07:15,189 --> 00:07:13,039

of land crazy prices

102

00:07:20,070 --> 00:07:15,199

do you see that in my

103

00:07:23,510 --> 00:07:20,080

just wait for my turn to go back to

104

00:07:27,029 --> 00:07:23,520

teaching kids i love teaching as well i

105

00:07:28,390 --> 00:07:27,039

love what you are doing thanks

106

00:07:31,270 --> 00:07:28,400

um

107

00:07:35,430 --> 00:07:31,280

i i love that kind of question

108

00:07:38,550 --> 00:07:35,440

that's um there is no time no place

109

00:07:39,430 --> 00:07:38,560

that you cannot grow something

110

00:07:43,029 --> 00:07:39,440

so

111

00:07:47,270 --> 00:07:43,039

um i would say don't wait um even though

112

00:07:50,150 --> 00:07:47,280

she hasn't grown anything um previously

113

00:07:52,390 --> 00:07:50,160

we don't really grow things we put the

114

00:07:54,869 --> 00:07:52,400

seed in the ground and water it and

115

00:07:58,390 --> 00:07:54,879

mother nature does the rest

116

00:08:00,790 --> 00:07:58,400

and so if you just if you don't have

117

00:08:03,189 --> 00:08:00,800

any land

118

00:08:05,589 --> 00:08:03,199

back in the day when i

119

00:08:07,270 --> 00:08:05,599

uh back when kundalini first started i

120

00:08:11,749 --> 00:08:07,280

had a little tiny house with a little

121

00:08:14,309 --> 00:08:11,759

tiny yard but i had this four foot wide

122

00:08:18,309 --> 00:08:14,319

garden or flower garden all around the

123

00:08:19,670 --> 00:08:18,319

house around the base of the foundation

124

00:08:22,710 --> 00:08:19,680

i went out

125

00:08:25,110 --> 00:08:22,720

took out it was mostly weeds at that

126
00:08:28,629 --> 00:08:25,120
point took out all the weeds turned over

127
00:08:30,710 --> 00:08:28,639
the soil put on a little compost which

128
00:08:31,909 --> 00:08:30,720
i got at the hardware store

129
00:08:38,469 --> 00:08:31,919
and

130
00:08:39,269 --> 00:08:38,479
so i trellised everything i got sticks i

131
00:08:42,230 --> 00:08:39,279
got

132
00:08:44,470 --> 00:08:42,240
pieces of two by four two by twos one by

133
00:08:45,829 --> 00:08:44,480
twos uh stuck them in the ground tied

134
00:08:48,310 --> 00:08:45,839
them together nailed them together

135
00:08:51,750 --> 00:08:48,320
whatever i had to do to provide

136
00:08:54,389 --> 00:08:51,760
um space for the plants to grow up and

137
00:08:55,509 --> 00:08:54,399
i there were four of us living in that

138
00:08:58,310 --> 00:08:55,519

house

139

00:09:00,630 --> 00:08:58,320

that little bitty four foot ring around

140

00:09:01,829 --> 00:09:00,640

the house was more food than we could

141

00:09:02,710 --> 00:09:01,839

eat

142

00:09:05,430 --> 00:09:02,720

so

143

00:09:08,310 --> 00:09:05,440

you know now i have a farm and i have

144

00:09:09,910 --> 00:09:08,320

lots of acreage i could grow acres worth

145

00:09:12,790 --> 00:09:09,920

of stuff

146

00:09:16,310 --> 00:09:12,800

but i also have a greenhouse if you make

147

00:09:18,230 --> 00:09:16,320

a little tiny greenhouse or um something

148

00:09:20,870 --> 00:09:18,240

that you can grow stuff in even when

149

00:09:21,670 --> 00:09:20,880

it's pretty cold

150

00:09:27,190 --> 00:09:21,680

the

151
00:09:29,990 --> 00:09:27,200
container garden option which if you're

152
00:09:31,670 --> 00:09:30,000
going to grow in a container it can't be

153
00:09:33,910 --> 00:09:31,680
six inches deep

154
00:09:35,829 --> 00:09:33,920
roots of plants go deeper than that so

155
00:09:38,310 --> 00:09:35,839
you have to get something that's at

156
00:09:40,230 --> 00:09:38,320
least 14 inches

157
00:09:41,430 --> 00:09:40,240
deep and you put a little bit of pea

158
00:09:45,190 --> 00:09:41,440
gravel

159
00:09:47,910 --> 00:09:45,200
you put

160
00:09:51,750 --> 00:09:47,920
soil over top of that

161
00:09:53,269 --> 00:09:51,760
plant your seeds water and you're good

162
00:09:55,910 --> 00:09:53,279
so and

163
00:09:57,990 --> 00:09:55,920

maybe the first you know one or two

164

00:10:00,550 --> 00:09:58,000

things you plant you're going to end up

165

00:10:01,990 --> 00:10:00,560

watching and learning a lot but that's

166

00:10:04,389 --> 00:10:02,000

worth it

167

00:10:06,069 --> 00:10:04,399

it's you'll be surprised at what mother

168

00:10:09,350 --> 00:10:06,079

nature produces

169

00:10:11,030 --> 00:10:09,360

uh the average rule of thumb is that for

170

00:10:13,430 --> 00:10:11,040

every dollar you spend you're going to

171

00:10:16,630 --> 00:10:13,440

get four times that much

172

00:10:19,670 --> 00:10:16,640

out of that food and if you have

173

00:10:23,670 --> 00:10:19,680

a bigger garden and you have

174

00:10:26,389 --> 00:10:23,680

access to i think it's kerr canning jars

175

00:10:29,190 --> 00:10:26,399

and ball canning jars i'm not sure what

176

00:10:31,110 --> 00:10:29,200

they might be in europe but maybe kerr

177

00:10:33,829 --> 00:10:31,120

and ball have

178

00:10:35,750 --> 00:10:33,839

they supply glass jars there's another

179

00:10:38,470 --> 00:10:35,760

name that i can't think of which i've

180

00:10:40,550 --> 00:10:38,480

seen but i've never used um glass jars

181

00:10:43,430 --> 00:10:40,560

that can be used for canning

182

00:10:44,829 --> 00:10:43,440

they often have on their website or in

183

00:10:47,829 --> 00:10:44,839

their

184

00:10:49,829 --> 00:10:47,839

offerings uh a guide that says if you

185

00:10:51,269 --> 00:10:49,839

plant this many feet

186

00:10:53,030 --> 00:10:51,279

of this food

187

00:10:53,910 --> 00:10:53,040

you're gonna get this much

188

00:10:57,190 --> 00:10:53,920

weight

189

00:10:58,550 --> 00:10:57,200

or these many bushels or these many

190

00:10:59,670 --> 00:10:58,560

pounds or

191

00:11:01,590 --> 00:10:59,680

um

192

00:11:03,269 --> 00:11:01,600

something like that and so you can look

193

00:11:06,310 --> 00:11:03,279

up in some of the

194

00:11:08,710 --> 00:11:06,320

booklets what you can expect to get

195

00:11:11,110 --> 00:11:08,720

and you just keep planting

196

00:11:13,110 --> 00:11:11,120

takes 50 days on the average before

197

00:11:15,990 --> 00:11:13,120

you'll get much of anything

198

00:11:18,790 --> 00:11:16,000

um but that's well worth it in in the

199

00:11:20,389 --> 00:11:18,800

winter you just cover it up

200

00:11:22,630 --> 00:11:20,399

sometimes just stick a light bulb be

201
00:11:23,750 --> 00:11:22,640
careful because a light bulb is way more

202
00:11:25,509 --> 00:11:23,760
heat

203
00:11:27,269 --> 00:11:25,519
than um

204
00:11:29,190 --> 00:11:27,279
then you might think you know burn the

205
00:11:31,750 --> 00:11:29,200
plants that are close to it

206
00:11:33,910 --> 00:11:31,760
but if you put a light bulb inside your

207
00:11:35,350 --> 00:11:33,920
little tent like thing or your little

208
00:11:37,350 --> 00:11:35,360
tiny greenhouse

209
00:11:39,269 --> 00:11:37,360
that's often enough to keep everything

210
00:11:43,350 --> 00:11:39,279
from freezing

211
00:11:45,030 --> 00:11:43,360
even and i live in michigan um

212
00:11:47,430 --> 00:11:45,040
we we grow

213
00:11:48,470 --> 00:11:47,440

pretty much almost all winter

214

00:11:52,790 --> 00:11:48,480

so

215

00:11:55,829 --> 00:11:52,800

you'll learn a lot and it's very

216

00:12:00,230 --> 00:11:55,839

rewarding and you might be spoiled in

217

00:12:02,230 --> 00:12:00,240

terms of taste and flavor and nutrition

218

00:12:05,269 --> 00:12:02,240

because what you grow is going to be

219

00:12:09,110 --> 00:12:07,190

in alignment with your own energy

220

00:12:12,470 --> 00:12:09,120

systems than what you get in the grocery

221

00:12:13,829 --> 00:12:12,480

store and much tastier and it lasts much

222

00:12:16,310 --> 00:12:13,839

longer

223

00:12:17,430 --> 00:12:16,320

so give it a try okay thank you for that

224

00:12:21,269 --> 00:12:17,440

penny

225

00:12:22,470 --> 00:12:21,279

the next question is from teresa

226

00:12:28,389 --> 00:12:22,480

ask

227

00:12:29,910 --> 00:12:28,399

purchase nano soma and c60 uh thank you

228

00:12:33,670 --> 00:12:29,920

blessings

229

00:12:35,269 --> 00:12:33,680

um okay so there's a couple places that

230

00:12:38,790 --> 00:12:35,279

um put out

231

00:12:41,590 --> 00:12:38,800

um nanos or not now nanosoma c60

232

00:12:45,269 --> 00:12:41,600

uh but one place these are two places

233

00:12:47,430 --> 00:12:45,279

that i can offer that are very reputable

234

00:12:50,230 --> 00:12:47,440

one is um

235

00:12:56,310 --> 00:12:50,240

pure bella vita

236

00:12:59,030 --> 00:12:56,320

uh p p u r e b e l a b e l l a

237

00:13:01,590 --> 00:12:59,040

v i t a i think

238

00:13:06,470 --> 00:13:01,600

um you might have to google that uh they

239

00:13:09,350 --> 00:13:06,480

have it um they have c60 there's also a

240

00:13:12,150 --> 00:13:09,360

company called purple power

241

00:13:14,949 --> 00:13:12,160

and there's another one out there

242

00:13:18,150 --> 00:13:14,959

i can't quite think of the name of the

243

00:13:20,389 --> 00:13:18,160

company but i know that patty grier has

244

00:13:23,590 --> 00:13:20,399

been involved in that and they work very

245

00:13:26,710 --> 00:13:23,600

hard they are top quality as well

246

00:13:30,790 --> 00:13:26,720

they might make c60 for other

247

00:13:32,230 --> 00:13:30,800

companies so that's the c60 in terms of

248

00:13:37,990 --> 00:13:32,240

nanosoma

249

00:13:41,189 --> 00:13:38,000

look for the name richard

250

00:13:43,829 --> 00:13:41,199

presser p-r-e-s-s-e-r

251
00:13:47,350 --> 00:13:43,839
and get on his mailing list you can

252
00:13:49,110 --> 00:13:47,360
order a bottle three bottles six bottles

253
00:13:51,269 --> 00:13:49,120
a dozen bottles

254
00:13:53,110 --> 00:13:51,279
nanosoma is very

255
00:13:55,269 --> 00:13:53,120
uh it's starting to take off it's

256
00:13:57,269 --> 00:13:55,279
starting to get hard to get because

257
00:13:58,710 --> 00:13:57,279
everybody wants it because it's really

258
00:13:59,910 --> 00:13:58,720
very good

259
00:14:01,829 --> 00:13:59,920
so

260
00:14:04,550 --> 00:14:01,839
and the doctor who developed the

261
00:14:06,230 --> 00:14:04,560
nanosoma

262
00:14:09,030 --> 00:14:06,240
i can't think of his name i really

263
00:14:11,670 --> 00:14:09,040

didn't know his full name but richard

264

00:14:13,750 --> 00:14:11,680

presser is the one who sends the emails

265

00:14:16,470 --> 00:14:13,760

out and does a lot of the marketing and

266

00:14:20,150 --> 00:14:16,480

keeps track of who's ordered what and

267

00:14:23,910 --> 00:14:20,160

who's doing what and he's very good so

268

00:14:25,990 --> 00:14:23,920

um give it a try okay

269

00:14:28,230 --> 00:14:26,000

great thank you for that so i will be

270

00:14:29,590 --> 00:14:28,240

reading some questions out uh reading

271

00:14:31,990 --> 00:14:29,600

some questions even though you don't

272

00:14:34,310 --> 00:14:32,000

have the the three asterisks because i

273

00:14:35,750 --> 00:14:34,320

figured not most of you didn't know

274

00:14:38,550 --> 00:14:35,760

about that because it just helps me a

275

00:14:40,470 --> 00:14:38,560

lot easier to see but um and thankfully

276

00:14:41,829 --> 00:14:40,480

the chat is not going super crazy so i

277

00:14:43,590 --> 00:14:41,839

can actually figure out what's a

278

00:14:46,629 --> 00:14:43,600

question and what's just you guys

279

00:14:47,670 --> 00:14:46,639

chatting so the next one is from

280

00:14:49,750 --> 00:14:47,680

doug

281

00:14:52,870 --> 00:14:49,760

cole trope i'm sorry if i'm butchering

282

00:14:55,030 --> 00:14:52,880

the last name asking ask penny when she

283

00:14:58,470 --> 00:14:55,040

thinks we will have full disclosure of

284

00:15:02,310 --> 00:14:59,590

um

285

00:15:03,509 --> 00:15:02,320

wow that's a tough question

286

00:15:06,150 --> 00:15:03,519

so far

287

00:15:10,389 --> 00:15:06,160

i have to say i don't think

288

00:15:12,870 --> 00:15:10,399

we're going to have disclosure of et's

289

00:15:14,389 --> 00:15:12,880

disclosure has been happening since

290

00:15:18,470 --> 00:15:14,399

1940s

291

00:15:21,189 --> 00:15:18,480

the government

292

00:15:23,350 --> 00:15:21,199

has not wanted to say that they are

293

00:15:24,870 --> 00:15:23,360

working with et's

294

00:15:27,269 --> 00:15:24,880

doesn't matter which group they're

295

00:15:28,150 --> 00:15:27,279

working with the government is lying

296

00:15:30,949 --> 00:15:28,160

about

297

00:15:33,269 --> 00:15:30,959

their involvement they're pretending oh

298

00:15:35,670 --> 00:15:33,279

we might we might have to admit that

299

00:15:40,629 --> 00:15:35,680

there's something in the sky well if you

300

00:15:43,749 --> 00:15:40,639

have put any time and energy into

301
00:15:45,749 --> 00:15:43,759
research or like myself i have personal

302
00:15:49,430 --> 00:15:45,759
experience

303
00:15:51,990 --> 00:15:49,440
i can't that's enough disclosure for me

304
00:15:54,949 --> 00:15:52,000
i don't do i don't rely on the

305
00:15:58,230 --> 00:15:54,959
government for anything anymore

306
00:16:01,350 --> 00:15:58,240
especially not for disclosure they don't

307
00:16:02,230 --> 00:16:01,360
want to say that they're working with

308
00:16:04,150 --> 00:16:02,240
uh

309
00:16:06,870 --> 00:16:04,160
the people that they're working with or

310
00:16:08,629 --> 00:16:06,880
they didn't want to say that they were

311
00:16:11,590 --> 00:16:08,639
working with certain

312
00:16:13,749 --> 00:16:11,600
groups because those certain groups were

313
00:16:16,150 --> 00:16:13,759

planning a takeover

314

00:16:19,110 --> 00:16:16,160
of this planet and they wanted

315

00:16:21,829 --> 00:16:19,120
governments to continue to deny

316

00:16:23,910 --> 00:16:21,839
that they were working with us they

317

00:16:26,710 --> 00:16:23,920
because they wanted to stay in the

318

00:16:27,829 --> 00:16:26,720
background in case their takeover

319

00:16:29,910 --> 00:16:27,839
efforts

320

00:16:32,310 --> 00:16:29,920
went uh belly up

321

00:16:34,790 --> 00:16:32,320
and they did go belly up

322

00:16:37,829 --> 00:16:34,800
and so now we have

323

00:16:39,910 --> 00:16:37,839
a group of people who have said

324

00:16:42,870 --> 00:16:39,920
um we're going to take over those are

325

00:16:46,389 --> 00:16:42,880
mostly the corporations like bill gates

326

00:16:49,509 --> 00:16:46,399

and all the companies and

327

00:16:52,710 --> 00:16:49,519

ngos that he works with

328

00:16:53,829 --> 00:16:52,720

um if you if you could see if you knew

329

00:17:01,030 --> 00:16:53,839

the

330

00:17:03,829 --> 00:17:01,040

deals and agreements that have

331

00:17:05,750 --> 00:17:03,839

um that are in place and that are

332

00:17:08,549 --> 00:17:05,760

pulling strings

333

00:17:11,270 --> 00:17:08,559

the idea being that now that the

334

00:17:13,429 --> 00:17:11,280

ets who are trying to take over

335

00:17:15,110 --> 00:17:13,439

have given up on that what we're left

336

00:17:17,429 --> 00:17:15,120

with is the people

337

00:17:19,270 --> 00:17:17,439

that were doing the work for those ets

338

00:17:21,590 --> 00:17:19,280

they're looking at that saying we're

339

00:17:23,510 --> 00:17:21,600

gonna we're gonna be the ones in control

340

00:17:25,990 --> 00:17:23,520

we're gonna be the top dog

341

00:17:27,829 --> 00:17:26,000

um i don't think that's gonna work i

342

00:17:30,630 --> 00:17:27,839

don't think they have the

343

00:17:32,470 --> 00:17:30,640

intelligence to do that i mean the

344

00:17:34,150 --> 00:17:32,480

intelligence up here they might have

345

00:17:35,990 --> 00:17:34,160

surveillance and all that kind of

346

00:17:38,470 --> 00:17:36,000

intelligence but they don't have a

347

00:17:40,710 --> 00:17:38,480

smarts and they don't have a long-term

348

00:17:43,029 --> 00:17:40,720

vision and furthermore they don't have

349

00:17:44,950 --> 00:17:43,039

the backup technology that was being

350

00:17:47,350 --> 00:17:44,960

used to

351

00:17:50,390 --> 00:17:47,360

um to run the planet

352

00:17:53,029 --> 00:17:50,400

and so it's starting to break down now

353

00:17:54,230 --> 00:17:53,039

um they're pushing very hard to get

354

00:17:56,950 --> 00:17:54,240

everybody

355

00:17:58,870 --> 00:17:56,960

uh under their

356

00:18:01,510 --> 00:17:58,880

how do i say this so that we don't get

357

00:18:03,590 --> 00:18:01,520

censored um so they're trying to get

358

00:18:06,789 --> 00:18:03,600

everybody to get the shot

359

00:18:08,470 --> 00:18:06,799

so that um there can be control there'll

360

00:18:09,270 --> 00:18:08,480

be less people

361

00:18:11,669 --> 00:18:09,280

um

362

00:18:12,710 --> 00:18:11,679

they're up you know those people who

363

00:18:15,750 --> 00:18:12,720

have

364

00:18:18,310 --> 00:18:15,760

gotten certain things in their shots

365

00:18:22,710 --> 00:18:18,320

those people are now unwittingly

366

00:18:25,110 --> 00:18:22,720

uploading tons of data to databases

367

00:18:27,990 --> 00:18:25,120

about what's going on with them

368

00:18:32,070 --> 00:18:28,000

and that's going to help the people who

369

00:18:34,549 --> 00:18:32,080

made those awful shots to refine that to

370

00:18:36,710 --> 00:18:34,559

either work better or work worse there's

371

00:18:39,669 --> 00:18:36,720

all kinds of stuff happening

372

00:18:42,310 --> 00:18:39,679

we could probably go on for forever but

373

00:18:43,270 --> 00:18:42,320

i think to go back to the original

374

00:18:46,310 --> 00:18:43,280

question

375

00:18:49,029 --> 00:18:46,320

we have to stand up and say to ourselves

376

00:18:51,270 --> 00:18:49,039

well duh you know um

377

00:18:53,110 --> 00:18:51,280

if if a bee stings me do i need the

378

00:18:54,470 --> 00:18:53,120

government to say oh you have a bee

379

00:18:57,350 --> 00:18:54,480

sting

380

00:18:59,510 --> 00:18:57,360

you know if somebody drops a bomb on my

381

00:19:02,549 --> 00:18:59,520

house do i need the government to say oh

382

00:19:04,310 --> 00:19:02,559

we dropped a bomb on your house no

383

00:19:07,190 --> 00:19:04,320

it's obvious

384

00:19:10,070 --> 00:19:07,200

and when you have seen things in the sky

385

00:19:11,830 --> 00:19:10,080

and when you have heard the testimony so

386

00:19:14,470 --> 00:19:11,840

many people have so much more

387

00:19:17,190 --> 00:19:14,480

interesting information than my little

388

00:19:18,710 --> 00:19:17,200

story which is all personal

389

00:19:21,669 --> 00:19:18,720

um

390

00:19:23,270 --> 00:19:21,679

then you put all that together

391

00:19:27,110 --> 00:19:23,280

and you realize

392

00:19:30,390 --> 00:19:27,120

yeah there's a lot of others here ops

393

00:19:32,950 --> 00:19:30,400

other people people from other planets

394

00:19:34,390 --> 00:19:32,960

there's a lot of them here

395

00:19:37,350 --> 00:19:34,400

several dozen

396

00:19:38,870 --> 00:19:37,360

and from different places and they are

397

00:19:39,669 --> 00:19:38,880

definitely

398

00:19:42,310 --> 00:19:39,679

um

399

00:19:44,470 --> 00:19:42,320

oops okay we just lost part of my light

400

00:19:46,150 --> 00:19:44,480

here hang on a second you're coming

401
00:19:47,990 --> 00:19:46,160
through great you can just keep going

402
00:19:50,150 --> 00:19:48,000
okay let me just

403
00:19:52,789 --> 00:19:50,160
turn this way

404
00:19:54,950 --> 00:19:52,799
um they're trying to shut you down penny

405
00:19:56,470 --> 00:19:54,960
okay well i think this whole thing

406
00:19:57,350 --> 00:19:56,480
overheats

407
00:20:01,590 --> 00:19:57,360
so

408
00:20:04,149 --> 00:20:01,600
not in my regular office i don't have

409
00:20:07,270 --> 00:20:04,159
many options right now

410
00:20:09,590 --> 00:20:07,280
um but we'll make do um so long story

411
00:20:12,470 --> 00:20:09,600
short i think we have to take the

412
00:20:15,029 --> 00:20:12,480
authority upon ourselves to say yup

413
00:20:17,270 --> 00:20:15,039

there's people here yes some of them are

414

00:20:19,590 --> 00:20:17,280

trying to help us some of them don't

415

00:20:22,549 --> 00:20:19,600

care about us some are scared to death

416

00:20:23,350 --> 00:20:22,559

of us and some would like to control us

417

00:20:25,669 --> 00:20:23,360

or

418

00:20:27,510 --> 00:20:25,679

uh there's a few who would who were

419

00:20:29,510 --> 00:20:27,520

trying to control us

420

00:20:30,310 --> 00:20:29,520

uh quite a few of those have given up

421

00:20:33,029 --> 00:20:30,320

and

422

00:20:34,950 --> 00:20:33,039

have left um there might be a few

423

00:20:37,430 --> 00:20:34,960

stragglers here and there

424

00:20:39,830 --> 00:20:37,440

but don't depend on the government for

425

00:20:43,190 --> 00:20:39,840

anything anymore they haven't been

426

00:20:45,750 --> 00:20:43,200

honorable they haven't been honest

427

00:20:48,070 --> 00:20:45,760

um they haven't been upfront and they

428

00:20:50,470 --> 00:20:48,080

have very good reason for doing so

429

00:20:52,710 --> 00:20:50,480

because they were working hand in glove

430

00:20:56,710 --> 00:20:52,720

with those

431

00:20:58,470 --> 00:20:56,720

ets to take over the planet

432

00:21:00,789 --> 00:20:58,480

and their goal was

433

00:21:02,549 --> 00:21:00,799

we want to be rewarded once we've done a

434

00:21:04,470 --> 00:21:02,559

good job of getting all these people

435

00:21:06,789 --> 00:21:04,480

under your control

436

00:21:08,710 --> 00:21:06,799

now i think that's a mistake because

437

00:21:11,110 --> 00:21:08,720

he's very often get rid of the people

438

00:21:12,710 --> 00:21:11,120

who did the heavy duty work because they

439

00:21:16,870 --> 00:21:12,720

know too much

440

00:21:18,470 --> 00:21:16,880

but you know such as the nature of

441

00:21:21,270 --> 00:21:18,480

what we're dealing with

442

00:21:23,750 --> 00:21:21,280

so i hope that's a good enough answer

443

00:21:25,909 --> 00:21:23,760

okay thank you for that penny um so the

444

00:21:28,070 --> 00:21:25,919

next question is from sonia

445

00:21:30,630 --> 00:21:28,080

asking when will this collapse start

446

00:21:32,950 --> 00:21:30,640

then end being cut off from society and

447

00:21:35,590 --> 00:21:32,960

money things are going to get rough but

448

00:21:38,470 --> 00:21:35,600

i know it's not even started to be rough

449

00:21:40,549 --> 00:21:38,480

in order for things to change

450

00:21:41,909 --> 00:21:40,559

um

451
00:21:43,830 --> 00:21:41,919
okay so

452
00:21:45,029 --> 00:21:43,840
so it depends on whether you're talking

453
00:21:45,990 --> 00:21:45,039
about

454
00:21:47,909 --> 00:21:46,000
the

455
00:21:50,470 --> 00:21:47,919
governmental collapse

456
00:21:53,110 --> 00:21:50,480
or the financial collapse

457
00:21:55,669 --> 00:21:53,120
or the collapse of education or the

458
00:21:58,950 --> 00:21:55,679
collapse of the medical system or the

459
00:22:02,950 --> 00:21:58,960
collapse emotionally of the population

460
00:22:05,590 --> 00:22:02,960
or of law and order or or or

461
00:22:06,710 --> 00:22:05,600
so from my point of view

462
00:22:10,310 --> 00:22:06,720
having

463
00:22:14,230 --> 00:22:10,320

known and seen all this 40 years ago the

464

00:22:15,350 --> 00:22:14,240

collapse has been in process for

465

00:22:16,630 --> 00:22:15,360

um

466

00:22:19,990 --> 00:22:16,640

well since

467

00:22:22,310 --> 00:22:20,000

since i saw it back in the 1980s but it

468

00:22:25,909 --> 00:22:22,320

has been especially pronounced since

469

00:22:26,950 --> 00:22:25,919

2015 and it's supposed to culminate this

470

00:22:33,590 --> 00:22:26,960

year

471

00:22:35,830 --> 00:22:33,600

and that collapses

472

00:22:38,230 --> 00:22:35,840

sometimes i look at it and i think it's

473

00:22:41,110 --> 00:22:38,240

not going to be as bad as we think

474

00:22:42,549 --> 00:22:41,120

other times i look at it and i think oh

475

00:22:43,350 --> 00:22:42,559

mother of mary

476
00:22:48,230 --> 00:22:43,360
um

477
00:22:51,190 --> 00:22:48,240
think what i

478
00:22:53,750 --> 00:22:51,200
what i'm seeing when that kind of

479
00:22:55,510 --> 00:22:53,760
thing comes up is some places are not so

480
00:22:58,470 --> 00:22:55,520
bad

481
00:23:01,510 --> 00:22:58,480
some places are not so good

482
00:23:03,510 --> 00:23:01,520
and so you have to be ready you have to

483
00:23:05,990 --> 00:23:03,520
be ready emotionally mentally and

484
00:23:07,350 --> 00:23:06,000
spiritually you should also be ready

485
00:23:08,630 --> 00:23:07,360
physically

486
00:23:13,590 --> 00:23:08,640
and

487
00:23:16,950 --> 00:23:13,600
worry that i have

488
00:23:19,110 --> 00:23:16,960

is i see so many sick

489

00:23:23,430 --> 00:23:19,120

really sick people

490

00:23:27,270 --> 00:23:24,710

i'm not sure

491

00:23:28,789 --> 00:23:27,280

people that need care people that need

492

00:23:32,070 --> 00:23:28,799

nursing

493

00:23:34,390 --> 00:23:32,080

in home or in hospital or wherever they

494

00:23:37,190 --> 00:23:34,400

can get it on the street

495

00:23:38,630 --> 00:23:37,200

um whatever and

496

00:23:41,510 --> 00:23:38,640

and that's

497

00:23:44,549 --> 00:23:41,520

people who don't have the energy

498

00:23:45,990 --> 00:23:44,559

um they don't have the mindset that they

499

00:23:48,310 --> 00:23:46,000

used to have

500

00:23:50,710 --> 00:23:48,320

um they are

501
00:23:53,190 --> 00:23:50,720
i don't know we'll we'll see

502
00:23:54,710 --> 00:23:53,200
it all depends on us it's what we choose

503
00:23:55,750 --> 00:23:54,720
to make happen

504
00:23:57,590 --> 00:23:55,760
um

505
00:23:59,750 --> 00:23:57,600
the people who

506
00:24:01,750 --> 00:23:59,760
have fallen for the idea that they're

507
00:24:03,350 --> 00:24:01,760
going to have freedom if they get the

508
00:24:05,029 --> 00:24:03,360
shot

509
00:24:08,149 --> 00:24:05,039
they're going to end up angry because

510
00:24:10,310 --> 00:24:08,159
that's not going to be the case so that

511
00:24:13,990 --> 00:24:10,320
may bring some of them

512
00:24:15,269 --> 00:24:14,000
into a place where they begin to be real

513
00:24:18,950 --> 00:24:15,279

you have to be

514

00:24:22,390 --> 00:24:18,960

real spirituality is often talked about

515

00:24:26,390 --> 00:24:22,400

in terms of being realized

516

00:24:29,029 --> 00:24:26,400

so what that means really and truly

517

00:24:32,070 --> 00:24:29,039

is that you begin to see what is

518

00:24:33,830 --> 00:24:32,080

and you stop living under illusions and

519

00:24:35,510 --> 00:24:33,840

wishful thinking

520

00:24:39,110 --> 00:24:35,520

and hopium

521

00:24:41,430 --> 00:24:39,120

and all of this stuff that you have been

522

00:24:43,510 --> 00:24:41,440

told that you want to believe and none

523

00:24:46,230 --> 00:24:43,520

of it is real

524

00:24:48,149 --> 00:24:46,240

so the collapse we're almost at the end

525

00:24:49,190 --> 00:24:48,159

of the collapse it's not too bad for

526
00:24:50,149 --> 00:24:49,200
some

527
00:24:52,390 --> 00:24:50,159
um

528
00:24:54,149 --> 00:24:52,400
if if the financial system and the

529
00:24:57,350 --> 00:24:54,159
government goes

530
00:24:59,110 --> 00:24:57,360
uh down then we have to reorganize

531
00:25:01,990 --> 00:24:59,120
and a lot of people are really going to

532
00:25:04,390 --> 00:25:02,000
be pretty excited about that

533
00:25:06,470 --> 00:25:04,400
a lot of people when i look ahead

534
00:25:09,430 --> 00:25:06,480
don't really want

535
00:25:10,789 --> 00:25:09,440
the old system they're so angry

536
00:25:13,909 --> 00:25:10,799
they're pissed

537
00:25:16,230 --> 00:25:13,919
about the betrayal and about the games

538
00:25:18,549 --> 00:25:16,240

and of the lies and the

539

00:25:20,710 --> 00:25:18,559

um the suffering for no reason just

540

00:25:22,310 --> 00:25:20,720

because somebody wanted control

541

00:25:24,470 --> 00:25:22,320

so

542

00:25:25,350 --> 00:25:24,480

that's where we're at

543

00:25:31,750 --> 00:25:25,360

um

544

00:25:34,470 --> 00:25:31,760

we're gonna i think see some really

545

00:25:37,990 --> 00:25:34,480

difficult times after october

546

00:25:40,549 --> 00:25:38,000

uh 14th after september 30th october

547

00:25:42,870 --> 00:25:40,559

14th is the last grace period for the

548

00:25:45,669 --> 00:25:42,880

financial system

549

00:25:47,590 --> 00:25:45,679

and then a lot of sick people

550

00:25:49,190 --> 00:25:47,600

as we move through the heavy part of the

551
00:25:52,710 --> 00:25:49,200
winter

552
00:25:57,830 --> 00:25:52,720
december january february march april

553
00:26:01,110 --> 00:25:57,840
um and then we kind of like it's like

554
00:26:03,029 --> 00:26:01,120
you know there's kind of a a sigh of

555
00:26:06,390 --> 00:26:03,039
okay i made it

556
00:26:08,549 --> 00:26:06,400
we made it through the winter

557
00:26:11,110 --> 00:26:08,559
but a lot of stuff is

558
00:26:12,470 --> 00:26:11,120
going to be different and we are not

559
00:26:14,230 --> 00:26:12,480
going to go back

560
00:26:17,750 --> 00:26:14,240
to anything

561
00:26:21,269 --> 00:26:17,760
that resembles what we used to have

562
00:26:23,190 --> 00:26:21,279
so the idea that that we can go back to

563
00:26:27,430 --> 00:26:23,200

that

564

00:26:29,510 --> 00:26:27,440

is i think fool is foolish um there's a

565

00:26:31,269 --> 00:26:29,520

lot of talk about trump coming back and

566

00:26:33,510 --> 00:26:31,279

trump doing this and trump doing that

567

00:26:36,230 --> 00:26:33,520

and now there's some talk that's

568

00:26:39,190 --> 00:26:36,240

beginning to appear that says

569

00:26:42,230 --> 00:26:39,200

no that's not going to happen and we

570

00:26:45,190 --> 00:26:42,240

don't know that we can trust him and etc

571

00:26:46,390 --> 00:26:45,200

and so it's like oh wow

572

00:26:47,510 --> 00:26:46,400

okay

573

00:26:50,230 --> 00:26:47,520

um

574

00:26:54,789 --> 00:26:50,240

so i see three scenarios for the future

575

00:26:55,669 --> 00:26:54,799

and i think that those are up to us

576

00:26:57,430 --> 00:26:55,679

so

577

00:27:01,990 --> 00:26:57,440

you know get your

578

00:27:04,470 --> 00:27:02,000

guts in a pile and let's march forward

579

00:27:08,230 --> 00:27:04,480

okay thank you for that penny um

580

00:27:09,510 --> 00:27:08,240

so the next question i i think it's

581

00:27:11,350 --> 00:27:09,520

okay i'm gonna go with the assumption

582

00:27:15,350 --> 00:27:11,360

that you might know what this person is

583

00:27:16,070 --> 00:27:15,360

referring to says um geraldos uh

584

00:27:18,710 --> 00:27:16,080

is

585

00:27:22,870 --> 00:27:18,720

asking hi penny can you provide

586

00:27:23,990 --> 00:27:22,880

any look see update tonight

587

00:27:26,149 --> 00:27:24,000

um

588

00:27:28,710 --> 00:27:26,159

oh wow

589

00:27:32,830 --> 00:27:28,720

i have one coming out

590

00:27:36,149 --> 00:27:32,840

on the 29th of the month an early one

591

00:27:37,990 --> 00:27:36,159

um the only

592

00:27:39,350 --> 00:27:38,000

piece of that that i can think of off

593

00:27:41,669 --> 00:27:39,360

the top of my head is something that

594

00:27:44,230 --> 00:27:41,679

i've been chewing on for the last few

595

00:27:47,830 --> 00:27:44,240

days and it's a question

596

00:27:50,710 --> 00:27:47,840

not so much a look-see so adam you might

597

00:27:52,389 --> 00:27:50,720

not know that every month i on the 15th

598

00:27:55,830 --> 00:27:52,399

of the month i put out this little

599

00:27:59,190 --> 00:27:55,840

look-see and it's okay that explains

600

00:28:02,230 --> 00:27:59,200

okay it's not predictions it's just me

601
00:28:04,950 --> 00:28:02,240
looking and sensing what's going on out

602
00:28:07,750 --> 00:28:04,960
there how are people feeling um what are

603
00:28:09,750 --> 00:28:07,760
they thinking what's their attitude

604
00:28:12,230 --> 00:28:09,760
and then you know i'll see some things

605
00:28:15,590 --> 00:28:12,240
happening some of them good some of them

606
00:28:18,950 --> 00:28:15,600
bad some of them indifferent just newsy

607
00:28:21,029 --> 00:28:18,960
news kind of things but um the piece

608
00:28:24,470 --> 00:28:21,039
that struck me that's

609
00:28:26,630 --> 00:28:24,480
um gonna be in this next look-see is a

610
00:28:28,470 --> 00:28:26,640
big concern of mine

611
00:28:31,110 --> 00:28:28,480
which i think i mentioned i don't know

612
00:28:33,190 --> 00:28:31,120
if it's up yet um that i mentioned

613
00:28:34,950 --> 00:28:33,200

somewhere talking to somebody

614

00:28:37,029 --> 00:28:34,960

that um

615

00:28:39,110 --> 00:28:37,039

the question is

616

00:28:41,590 --> 00:28:39,120

well let me let me back up a sec the

617

00:28:43,750 --> 00:28:41,600

statement or the expectation has been

618

00:28:46,470 --> 00:28:43,760

for quite a long time

619

00:28:48,549 --> 00:28:46,480

that we are

620

00:28:51,430 --> 00:28:48,559

going to um

621

00:28:53,750 --> 00:28:51,440

see trump come back and that's going to

622

00:28:56,470 --> 00:28:53,760

force the awakening

623

00:28:58,789 --> 00:28:56,480

of a whole bunch of normies

624

00:29:01,750 --> 00:28:58,799

as so there might be some turmoil and

625

00:29:04,549 --> 00:29:01,760

they'll have to wake up

626

00:29:06,389 --> 00:29:04,559

so i have consistently looked to try and

627

00:29:08,710 --> 00:29:06,399

see is trump coming back no i don't see

628

00:29:09,669 --> 00:29:08,720

that is trump coming back no i don't see

629

00:29:11,029 --> 00:29:09,679

that

630

00:29:12,470 --> 00:29:11,039

um

631

00:29:17,750 --> 00:29:12,480

so

632

00:29:19,750 --> 00:29:17,760

what the question becomes is

633

00:29:22,149 --> 00:29:19,760

are we the normies

634

00:29:26,149 --> 00:29:22,159

all of the 80 million people who voted

635

00:29:28,070 --> 00:29:26,159

for for trump are are those the normies

636

00:29:28,950 --> 00:29:28,080

because they're expecting trump to come

637

00:29:35,190 --> 00:29:28,960

back

638

00:29:36,950 --> 00:29:35,200

going to be severely disappointed and

639

00:29:39,510 --> 00:29:36,960

they're the ones going to have to wake

640

00:29:42,870 --> 00:29:39,520

up they're the ones going to have to say

641

00:29:45,669 --> 00:29:42,880

oh man what have what what's going on

642

00:29:49,430 --> 00:29:45,679

here what what do we need to do

643

00:29:51,990 --> 00:29:49,440

um and the the disillusionment the

644

00:29:55,669 --> 00:29:52,000

um the frustration

645

00:29:59,269 --> 00:29:55,679

uh all of that is uh going to be right

646

00:30:00,870 --> 00:29:59,279

there right in our face and so that

647

00:30:03,269 --> 00:30:00,880

whole question

648

00:30:06,470 --> 00:30:03,279

is something to be thinking about who's

649

00:30:08,389 --> 00:30:06,480

really the normies

650

00:30:11,029 --> 00:30:08,399

is it all those people who voted for

651
00:30:14,070 --> 00:30:11,039
biden or is it all those people who

652
00:30:20,149 --> 00:30:17,430
okay thanks for clarifying that

653
00:30:22,389 --> 00:30:20,159
the next question is from yo-yo yo-yo

654
00:30:25,350 --> 00:30:22,399
you are unmuted on telegram and mute

655
00:30:28,230 --> 00:30:25,360
yourself and please ask a question

656
00:30:29,269 --> 00:30:28,240
uh hello hi i love your work uh

657
00:30:30,070 --> 00:30:29,279
and um

658
00:30:32,710 --> 00:30:30,080
okay

659
00:30:35,269 --> 00:30:32,720
my question um so for the street healing

660
00:30:37,909 --> 00:30:35,279
and and like self-healing that i'm i've

661
00:30:39,510 --> 00:30:37,919
been looking into myself uh for myself

662
00:30:41,590 --> 00:30:39,520
like uh in this because you said there's

663
00:30:43,510 --> 00:30:41,600

gonna be a lot of sick people possibly

664

00:30:46,710 --> 00:30:43,520

and then like well my family they get

665

00:30:48,950 --> 00:30:46,720

the shots they're all sick right now and

666

00:30:51,350 --> 00:30:48,960

god knows what you know well i mean i

667

00:30:53,350 --> 00:30:51,360

know what but that uh um like what are

668

00:30:55,029 --> 00:30:53,360

the kind of things we could focus on or

669

00:30:57,590 --> 00:30:55,039

like i've been getting into like you

670

00:30:59,269 --> 00:30:57,600

know real nutrition and herbs and is

671

00:31:00,870 --> 00:30:59,279

there anything

672

00:31:03,110 --> 00:31:00,880

that should be

673

00:31:05,269 --> 00:31:03,120

um for the masses because some things

674

00:31:09,350 --> 00:31:05,279

are just not for the masses like the

675

00:31:12,230 --> 00:31:10,230

right

676

00:31:14,470 --> 00:31:12,240

okay thank you you don't really know

677

00:31:15,830 --> 00:31:14,480

enough about nutrition to be messing

678

00:31:18,070 --> 00:31:15,840

with our diet

679

00:31:20,310 --> 00:31:18,080

by going vegan people don't know enough

680

00:31:22,630 --> 00:31:20,320

to really be healthy maybe there's a few

681

00:31:26,310 --> 00:31:22,640

but yes there are a couple things that i

682

00:31:27,669 --> 00:31:26,320

have suggested that people have on hand

683

00:31:29,830 --> 00:31:27,679

for

684

00:31:32,789 --> 00:31:29,840

getting healthy again

685

00:31:35,990 --> 00:31:32,799

you really need to rebuild your system

686

00:31:38,549 --> 00:31:36,000

if you've gotten the shot

687

00:31:39,909 --> 00:31:38,559

and you really need to detox yourself

688

00:31:41,990 --> 00:31:39,919

before you

689

00:31:42,870 --> 00:31:42,000

start trying to rebuild

690

00:31:45,830 --> 00:31:42,880

so

691

00:31:48,630 --> 00:31:45,840

if you have gotten a shot where you have

692

00:31:50,149 --> 00:31:48,640

some kind of chemical in you or some

693

00:31:53,029 --> 00:31:50,159

kind of metal

694

00:31:56,230 --> 00:31:53,039

be that graphene oxide or stainless

695

00:31:58,950 --> 00:31:56,240

steel or something else

696

00:32:00,470 --> 00:31:58,960

then it's really a good idea to take

697

00:32:02,789 --> 00:32:00,480

zeolite

698

00:32:06,549 --> 00:32:02,799

there's a couple places out there that i

699

00:32:08,149 --> 00:32:06,559

know of that offer zeolite um the one is

700

00:32:10,070 --> 00:32:08,159

a place um

701
00:32:11,909 --> 00:32:10,080
cells

702
00:32:13,669 --> 00:32:11,919
zeolite d

703
00:32:16,310 --> 00:32:13,679
h q

704
00:32:19,269 --> 00:32:16,320
and that's you can get that at uh a

705
00:32:20,950 --> 00:32:19,279
website called get healthy again

706
00:32:24,710 --> 00:32:20,960
dot biz

707
00:32:27,830 --> 00:32:24,720
and get healthy again dot bits um the

708
00:32:31,029 --> 00:32:27,840
other place is you can get zeolite

709
00:32:32,310 --> 00:32:31,039
it's called touchstone essentials

710
00:32:34,070 --> 00:32:32,320
they have

711
00:32:37,029 --> 00:32:34,080
some very nice

712
00:32:39,830 --> 00:32:37,039
stuff for getting healthy again

713
00:32:42,389 --> 00:32:39,840

so that's one thing if you can't get a

714

00:32:45,669 --> 00:32:42,399

hold of any zeolite

715

00:32:48,310 --> 00:32:45,679

montmorillonite clay or bentonite clay

716

00:32:52,710 --> 00:32:48,320

will also help detox especially from the

717

00:32:58,470 --> 00:32:54,230

there's

718

00:33:01,269 --> 00:32:58,480

sophisticated procedures that you can do

719

00:33:03,909 --> 00:33:01,279

you can go and get some chelation but

720

00:33:05,830 --> 00:33:03,919

you've got to find a clinic that does

721

00:33:09,990 --> 00:33:05,840

chelation and does a really good job

722

00:33:11,509 --> 00:33:10,000

chelation being dmpps

723

00:33:14,870 --> 00:33:11,519

chelation

724

00:33:18,389 --> 00:33:14,880

uh the dmpps stands for this word that's

725

00:33:20,870 --> 00:33:18,399

90 miles long so it's just called dmppsd

726

00:33:22,310 --> 00:33:20,880

isn't dog amazon mother

727

00:33:23,269 --> 00:33:22,320

p is in

728

00:33:25,830 --> 00:33:23,279

puppy

729

00:33:28,389 --> 00:33:25,840

and s's and sam

730

00:33:29,590 --> 00:33:28,399

and that chelation it's more expensive

731

00:33:30,950 --> 00:33:29,600

but it

732

00:33:32,710 --> 00:33:30,960

in one

733

00:33:35,509 --> 00:33:32,720

two day period you're cleaned out pretty

734

00:33:38,710 --> 00:33:35,519

much cleaned out so those aren't

735

00:33:41,430 --> 00:33:38,720

detox options if you're trying to detox

736

00:33:44,470 --> 00:33:41,440

your liver a little bit

737

00:33:47,029 --> 00:33:44,480

a coffee enema or a set of coffee enemas

738

00:33:49,269 --> 00:33:47,039

every day helps the liver collect stuff

739

00:33:51,909 --> 00:33:49,279

out of your system and then the coffee

740

00:33:55,509 --> 00:33:51,919

actually doesn't clean out the colon it

741

00:33:57,590 --> 00:33:55,519

forces the liver to dump toxic waste

742

00:33:59,669 --> 00:33:57,600

and then it goes through the system and

743

00:34:03,350 --> 00:33:59,679

you dump it out the back door

744

00:34:04,389 --> 00:34:03,360

so those aren't detox procedures

745

00:34:08,149 --> 00:34:04,399

the

746

00:34:09,909 --> 00:34:08,159

aminos

747

00:34:12,389 --> 00:34:09,919

and your vitamins and minerals really

748

00:34:14,310 --> 00:34:12,399

don't work very well without aminos

749

00:34:16,470 --> 00:34:14,320

so you have to have amino acids the

750

00:34:18,550 --> 00:34:16,480

whole range of them

751
00:34:22,069 --> 00:34:18,560
you have to have all the minerals

752
00:34:25,510 --> 00:34:22,079
multiple minerals there are six majors

753
00:34:27,430 --> 00:34:25,520
and then trace like 99 trace minerals

754
00:34:29,030 --> 00:34:27,440
so you get some

755
00:34:31,430 --> 00:34:29,040
you know you get the

756
00:34:34,389 --> 00:34:31,440
major minerals in a capsule you can get

757
00:34:36,790 --> 00:34:34,399
the trace minerals in a liquid and you

758
00:34:38,389 --> 00:34:36,800
put that in a smoothie maybe

759
00:34:40,470 --> 00:34:38,399
and then your

760
00:34:42,710 --> 00:34:40,480
multiple vitamins

761
00:34:46,149 --> 00:34:42,720
so it's aminos

762
00:34:48,790 --> 00:34:46,159
minerals and vitamins and then you can

763
00:34:51,510 --> 00:34:48,800

take some powdered things touchstone

764

00:34:53,750 --> 00:34:51,520

essentials has some wonderful powder

765

00:34:55,909 --> 00:34:53,760

called um

766

00:34:58,710 --> 00:34:55,919

it's a green powder i think it's called

767

00:34:59,990 --> 00:34:58,720

the good inside

768

00:35:02,710 --> 00:35:00,000

and

769

00:35:04,790 --> 00:35:02,720

there's another athletic greens

770

00:35:05,670 --> 00:35:04,800

also has been doing

771

00:35:07,430 --> 00:35:05,680

uh

772

00:35:10,550 --> 00:35:07,440

and they might be in

773

00:35:13,430 --> 00:35:10,560

australia i'm not sure athletic greens

774

00:35:16,390 --> 00:35:13,440

uh has another powder that they

775

00:35:18,550 --> 00:35:16,400

offer it's a super nutrition

776

00:35:21,349 --> 00:35:18,560

and then if you um

777

00:35:23,510 --> 00:35:21,359

get a source of life gold

778

00:35:25,990 --> 00:35:23,520

that's a liquid

779

00:35:28,069 --> 00:35:26,000

that has all the all the minerals and

780

00:35:30,630 --> 00:35:28,079

all the vitamins and all the aminos and

781

00:35:32,870 --> 00:35:30,640

a whole bunch of other stuff

782

00:35:35,270 --> 00:35:32,880

co-factors

783

00:35:38,710 --> 00:35:35,280

and then you don't eat sugar

784

00:35:40,310 --> 00:35:38,720

you don't need junk you only eat real

785

00:35:42,550 --> 00:35:40,320

food

786

00:35:44,310 --> 00:35:42,560

and you rebuild and it takes a long time

787

00:35:45,670 --> 00:35:44,320

to rebuild

788

00:35:47,990 --> 00:35:45,680

a long time

789

00:35:50,870 --> 00:35:48,000

okay took me a couple years

790

00:35:53,030 --> 00:35:50,880

by by gosh i felt a lot better

791

00:35:55,750 --> 00:35:53,040

after six months

792

00:35:58,550 --> 00:35:55,760

so i started rebuilding when i had

793

00:35:59,750 --> 00:35:58,560

severe rheumatoid arthritis back in my

794

00:36:01,589 --> 00:35:59,760

40s

795

00:36:03,589 --> 00:36:01,599

so

796

00:36:04,470 --> 00:36:03,599

that was 30 years ago

797

00:36:09,910 --> 00:36:04,480

and

798

00:36:13,030 --> 00:36:09,920

that program it's a lifestyle change

799

00:36:15,430 --> 00:36:13,040

exercise it makes you sweat

800

00:36:17,109 --> 00:36:15,440

you will detox to some extent right

801
00:36:20,550 --> 00:36:17,119
through your skin

802
00:36:24,390 --> 00:36:20,560
your skin is your biggest detox organ

803
00:36:27,349 --> 00:36:24,400
so very very important to

804
00:36:29,910 --> 00:36:27,359
to start some kind of a program

805
00:36:31,190 --> 00:36:29,920
so i hope that's helpful

806
00:36:35,510 --> 00:36:31,200
thank you penny

807
00:36:36,870 --> 00:36:35,520
um so april um april k is asking can you

808
00:36:38,870 --> 00:36:36,880
ask benny if

809
00:36:41,670 --> 00:36:38,880
we will be getting the social credit

810
00:36:44,470 --> 00:36:41,680
score system in the u.s and the digital

811
00:36:48,150 --> 00:36:44,480
vaccine passports

812
00:36:49,109 --> 00:36:48,160
um the answer is no and no i don't think

813
00:36:51,750 --> 00:36:49,119

so

814

00:36:54,630 --> 00:36:51,760

they're going to try

815

00:36:55,750 --> 00:36:54,640

about um

816

00:36:58,069 --> 00:36:55,760

july

817

00:37:01,349 --> 00:36:58,079

about next may

818

00:37:04,150 --> 00:37:01,359

they may try to pull that off again

819

00:37:06,550 --> 00:37:04,160

i don't think it's going to go

820

00:37:08,470 --> 00:37:06,560

the system was destroyed this past

821

00:37:09,510 --> 00:37:08,480

summer that they were going to use to

822

00:37:13,109 --> 00:37:09,520

put that

823

00:37:15,349 --> 00:37:13,119

social credit score system in place

824

00:37:19,030 --> 00:37:15,359

and they need a

825

00:37:22,310 --> 00:37:19,040

a year almost a year to rebuild it

826

00:37:24,630 --> 00:37:22,320

in terms of the passports

827

00:37:26,310 --> 00:37:24,640

no i don't see them being able they're

828

00:37:29,190 --> 00:37:26,320

pushing all of that because they're

829

00:37:31,109 --> 00:37:29,200

trying to get us to cave in

830

00:37:33,510 --> 00:37:31,119

to their system

831

00:37:37,589 --> 00:37:33,520

and and the thing we have to do is just

832

00:37:39,030 --> 00:37:37,599

ignore them that's not really easy to do

833

00:37:39,829 --> 00:37:39,040

for some people

834

00:37:42,630 --> 00:37:39,839

um

835

00:37:45,829 --> 00:37:42,640

but especially if they're you i just

836

00:37:48,230 --> 00:37:45,839

read today i forget how many

837

00:37:51,829 --> 00:37:48,240

nurses in in michigan

838

00:37:52,950 --> 00:37:51,839

have just said bye we're not getting the

839

00:37:53,990 --> 00:37:52,960

shot

840

00:37:54,950 --> 00:37:54,000

period

841

00:37:58,470 --> 00:37:54,960

um

842

00:38:02,630 --> 00:37:58,480

i read somewhere earlier this week that

843

00:38:04,390 --> 00:38:02,640

650 navy seals had said by we're not

844

00:38:06,069 --> 00:38:04,400

getting the shot

845

00:38:08,790 --> 00:38:06,079

uh pilots

846

00:38:11,030 --> 00:38:08,800

were not getting the shot two michigan

847

00:38:12,150 --> 00:38:11,040

hospitals have closed down

848

00:38:14,790 --> 00:38:12,160

portions

849

00:38:16,870 --> 00:38:14,800

of their hospital because they

850

00:38:19,349 --> 00:38:16,880

they can't afford they can't they don't

851
00:38:20,950 --> 00:38:19,359
have enough nurses and doctors to run

852
00:38:23,829 --> 00:38:20,960
the hospital

853
00:38:25,750 --> 00:38:23,839
so there's stuff happening

854
00:38:26,790 --> 00:38:25,760
all over the place

855
00:38:29,990 --> 00:38:26,800
and

856
00:38:32,870 --> 00:38:30,000
of course the goal on the part of the

857
00:38:34,390 --> 00:38:32,880
cabal is to rush all of this through the

858
00:38:37,990 --> 00:38:34,400
the big

859
00:38:40,230 --> 00:38:38,000
nut if you will that had to be cracked

860
00:38:43,349 --> 00:38:40,240
was the united states

861
00:38:46,870 --> 00:38:43,359
if we go down if we cave in then it's

862
00:38:50,470 --> 00:38:46,880
over for us and the rest of the world

863
00:38:52,310 --> 00:38:50,480

if it's something that we

864

00:38:56,470 --> 00:38:52,320

can stand up to

865

00:38:58,950 --> 00:38:56,480

and can get past october 14th

866

00:39:01,190 --> 00:38:58,960

then we're on home stretch

867

00:39:04,470 --> 00:39:01,200

they're trying to

868

00:39:05,670 --> 00:39:04,480

get us to cave in and get us to do all

869

00:39:07,349 --> 00:39:05,680

kinds of things

870

00:39:09,990 --> 00:39:07,359

that give them the

871

00:39:11,270 --> 00:39:10,000

the feeling that they're in power

872

00:39:12,710 --> 00:39:11,280

and

873

00:39:15,030 --> 00:39:12,720

they're trying to hang on because

874

00:39:17,430 --> 00:39:15,040

they're out of money

875

00:39:20,069 --> 00:39:17,440

and i actually have a piece that i'm

876

00:39:21,670 --> 00:39:20,079

going to be putting out on my patreon

877

00:39:23,430 --> 00:39:21,680

channel that is

878

00:39:25,510 --> 00:39:23,440

i think it's going to be two or maybe

879

00:39:28,470 --> 00:39:25,520

even three parts um

880

00:39:30,870 --> 00:39:28,480

about the financial system how it works

881

00:39:32,230 --> 00:39:30,880

um why it quit

882

00:39:33,990 --> 00:39:32,240

and

883

00:39:35,190 --> 00:39:34,000

what the stakes are

884

00:39:40,870 --> 00:39:35,200

so

885

00:39:43,430 --> 00:39:40,880

hang on people hang on

886

00:39:45,349 --> 00:39:43,440

so all right thank you penny

887

00:39:48,230 --> 00:39:45,359

so um michelle

888

00:39:51,510 --> 00:39:48,240

uh is asking hi penny uh during a water

889

00:39:54,390 --> 00:39:51,520

fast would it be beneficial to take c60

890

00:39:56,710 --> 00:39:54,400

or skip it during the fast

891

00:40:00,630 --> 00:39:56,720

uh no just skip it

892

00:40:02,069 --> 00:40:00,640

a water fast is used to put the body at

893

00:40:03,670 --> 00:40:02,079

rest

894

00:40:07,190 --> 00:40:03,680

you don't there should be no

895

00:40:09,750 --> 00:40:07,200

transactions going on in the body

896

00:40:11,750 --> 00:40:09,760

other than the very slow

897

00:40:13,910 --> 00:40:11,760

gentle

898

00:40:16,150 --> 00:40:13,920

kind of detox

899

00:40:18,430 --> 00:40:16,160

that that occurs

900

00:40:20,309 --> 00:40:18,440

and during a water fast

901
00:40:23,670 --> 00:40:20,319
c60

902
00:40:26,710 --> 00:40:23,680
is something for rebuilding

903
00:40:30,390 --> 00:40:26,720
so first do the water fast and then you

904
00:40:31,829 --> 00:40:30,400
can do the c60 as part of the rebuild

905
00:40:35,190 --> 00:40:31,839
program

906
00:40:38,550 --> 00:40:35,200
so if you're doing a water fast

907
00:40:42,230 --> 00:40:38,560
plan to stay at home plan to stay on the

908
00:40:43,430 --> 00:40:42,240
sofa or in the bed or in the chair and

909
00:40:46,309 --> 00:40:43,440
relax

910
00:40:48,230 --> 00:40:46,319
don't be like i did which is you're out

911
00:40:51,109 --> 00:40:48,240
in the field working in the vineyards

912
00:40:52,470 --> 00:40:51,119
trying to get stuff done driving this

913
00:40:54,870 --> 00:40:52,480

equipment

914

00:40:58,069 --> 00:40:54,880

blah blah blah blah blah

915

00:41:00,390 --> 00:40:58,079

that water fast is used to slow the body

916

00:41:03,430 --> 00:41:00,400

down and let it do

917

00:41:07,270 --> 00:41:03,440

what it does so beautifully which is get

918

00:41:09,510 --> 00:41:07,280

rid of what it doesn't want and rebuild

919

00:41:12,550 --> 00:41:09,520

slowly or make the

920

00:41:13,670 --> 00:41:12,560

setup get everything set up to begin the

921

00:41:14,630 --> 00:41:13,680

rebuild

922

00:41:17,829 --> 00:41:14,640

so

923

00:41:21,589 --> 00:41:17,839

water fast very very powerful

924

00:41:22,870 --> 00:41:21,599

it'll change your consciousness as well

925

00:41:23,990 --> 00:41:22,880

so um

926
00:41:25,750 --> 00:41:24,000
i just want to take this quick

927
00:41:27,109 --> 00:41:25,760
opportunities

928
00:41:30,309 --> 00:41:27,119
we're doing

929
00:41:33,910 --> 00:41:30,319
answers as have you noticed with penny

930
00:41:34,870 --> 00:41:33,920
kelly and um so you can ask a question

931
00:41:36,470 --> 00:41:34,880
by

932
00:41:38,550 --> 00:41:36,480
putting three little stars or three

933
00:41:40,230 --> 00:41:38,560
little asterisks um

934
00:41:41,750 --> 00:41:40,240
before your question so it pops out

935
00:41:44,150 --> 00:41:41,760
easier at me and i appreciate some of

936
00:41:46,390 --> 00:41:44,160
you doing that or you can join the ufo

937
00:41:50,150 --> 00:41:46,400
hub telegram group to ask a question

938
00:41:52,470 --> 00:41:50,160

yourself via voice and so um again this

939

00:41:55,270 --> 00:41:52,480

is not the official interview we already

940

00:41:58,470 --> 00:41:55,280

did one couple weeks ago i encourage you

941

00:42:00,950 --> 00:41:58,480

and uh to check it out after after this

942

00:42:03,589 --> 00:42:00,960

one to learn more about penny and of

943

00:42:05,670 --> 00:42:03,599

course in the description are all uh

944

00:42:07,589 --> 00:42:05,680

pennies links regarding a patreon

945

00:42:08,790 --> 00:42:07,599

website and everything else so please do

946

00:42:11,349 --> 00:42:08,800

check it out

947

00:42:13,990 --> 00:42:11,359

so uh penny the next question is from a

948

00:42:16,069 --> 00:42:14,000

golden angel asking hi penny did the

949

00:42:17,910 --> 00:42:16,079

rope say anything about the mark of the

950

00:42:19,670 --> 00:42:17,920

beast

951
00:42:21,190 --> 00:42:19,680
oh yeah they did

952
00:42:22,950 --> 00:42:21,200
i was um

953
00:42:25,190 --> 00:42:22,960
kind of shocked at what they said i

954
00:42:26,390 --> 00:42:25,200
didn't like what they said

955
00:42:28,390 --> 00:42:26,400
but

956
00:42:31,270 --> 00:42:28,400
it was that the

957
00:42:34,230 --> 00:42:31,280
mark of the beast was going to

958
00:42:37,270 --> 00:42:34,240
be eventually recognized as the

959
00:42:40,550 --> 00:42:37,280
financial system running from

960
00:42:41,750 --> 00:42:40,560
the six the computers in i think it was

961
00:42:43,950 --> 00:42:41,760
belgium

962
00:42:45,750 --> 00:42:43,960
that had the

963
00:42:48,870 --> 00:42:45,760

666

964

00:42:52,550 --> 00:42:48,880

and that that was going to be

965

00:42:54,550 --> 00:42:52,560

uh the signal that that that was the

966

00:42:56,230 --> 00:42:54,560

mark of the beast and at the time i

967

00:42:58,790 --> 00:42:56,240

thought what

968

00:43:01,190 --> 00:42:58,800

that's the financial system it's a what

969

00:43:02,069 --> 00:43:01,200

is well you know in the 40 years since

970

00:43:03,109 --> 00:43:02,079

then

971

00:43:04,950 --> 00:43:03,119

um

972

00:43:06,710 --> 00:43:04,960

and and paying attention to what's

973

00:43:11,030 --> 00:43:06,720

happening with the cabal

974

00:43:14,470 --> 00:43:11,040

um i've come around to realizing

975

00:43:15,430 --> 00:43:14,480

okay i think there's uh a lot to be said

976
00:43:17,750 --> 00:43:15,440
for

977
00:43:20,470 --> 00:43:17,760
the mark of the beast being exactly what

978
00:43:23,270 --> 00:43:20,480
we're dealing with right now um the mark

979
00:43:24,390 --> 00:43:23,280
of the beast is actually a number of

980
00:43:27,910 --> 00:43:24,400
marks

981
00:43:29,270 --> 00:43:27,920
um a number of rules a number of control

982
00:43:32,790 --> 00:43:29,280
mechanisms

983
00:43:37,190 --> 00:43:32,800
all run by the cabal

984
00:43:39,589 --> 00:43:37,200
um and that basically comes down to

985
00:43:41,510 --> 00:43:39,599
bill gates and

986
00:43:43,270 --> 00:43:41,520
his cronies

987
00:43:45,190 --> 00:43:43,280
and they're they're working it pretty

988
00:43:47,750 --> 00:43:45,200

hard

989

00:43:50,069 --> 00:43:47,760

great thank you uh marisa is asking uh

990

00:43:51,030 --> 00:43:50,079

can we get a look-see for

991

00:43:55,670 --> 00:43:51,040

south

992

00:43:57,030 --> 00:43:55,680

okay

993

00:43:59,109 --> 00:43:57,040

um

994

00:44:00,870 --> 00:43:59,119

okay i'll tell you what

995

00:44:02,870 --> 00:44:00,880

um

996

00:44:06,550 --> 00:44:02,880

what part of europe south east or

997

00:44:10,390 --> 00:44:06,560

southwest she just said south europe

998

00:44:13,030 --> 00:44:10,400

south europe i will definitely look at

999

00:44:14,390 --> 00:44:13,040

that area i've been very interested in

1000

00:44:15,349 --> 00:44:14,400

that area

1001
00:44:18,150 --> 00:44:15,359
um

1002
00:44:20,470 --> 00:44:18,160
and when i come out with the look-see on

1003
00:44:22,230 --> 00:44:20,480
the 29th

1004
00:44:24,230 --> 00:44:22,240
i'll spend a little bit of time looking

1005
00:44:26,790 --> 00:44:24,240
i'm always interested in what's

1006
00:44:27,910 --> 00:44:26,800
happening right across

1007
00:44:28,870 --> 00:44:27,920
spain

1008
00:44:31,190 --> 00:44:28,880
uh

1009
00:44:34,790 --> 00:44:31,200
lower france southern france italy

1010
00:44:35,589 --> 00:44:34,800
greece and especially over into

1011
00:44:38,630 --> 00:44:35,599
um

1012
00:44:41,270 --> 00:44:38,640
what you could call old europe

1013
00:44:43,589 --> 00:44:41,280

there's quite a bit of renewal that i've

1014

00:44:47,430 --> 00:44:43,599

seen i'll just mention this briefly that

1015

00:44:49,990 --> 00:44:47,440

comes out of the area that was

1016

00:44:52,630 --> 00:44:50,000

um i forget what it was called before it

1017

00:44:54,630 --> 00:44:52,640

got balkanized but i think it was

1018

00:44:56,309 --> 00:44:54,640

a combination of

1019

00:44:59,670 --> 00:44:56,319

czechoslovakia

1020

00:45:02,950 --> 00:44:59,680

herzegovina croatia bosnia

1021

00:45:05,670 --> 00:45:02,960

macedonia that area there's

1022

00:45:07,510 --> 00:45:05,680

greece they were the first ones to

1023

00:45:10,230 --> 00:45:07,520

suffer

1024

00:45:14,230 --> 00:45:10,240

under this program to get control of the

1025

00:45:17,510 --> 00:45:14,240

world and they will have rebuilt

1026

00:45:19,750 --> 00:45:17,520

almost before anybody else

1027

00:45:21,750 --> 00:45:19,760

so that's that's a good thing i'll take

1028

00:45:22,950 --> 00:45:21,760

another look at that thanks for asking

1029

00:45:25,270 --> 00:45:22,960

that it's good

1030

00:45:28,150 --> 00:45:25,280

good a little kick in the butt that says

1031

00:45:30,150 --> 00:45:28,160

hey what's happening there so

1032

00:45:31,349 --> 00:45:30,160

good deal thank you

1033

00:45:32,950 --> 00:45:31,359

i

1034

00:45:35,589 --> 00:45:32,960

lost my spots for a second oh there we

1035

00:45:38,230 --> 00:45:35,599

go beth is saying um hi penny do you

1036

00:45:40,309 --> 00:45:38,240

still see many sick in the winter and

1037

00:45:41,990 --> 00:45:40,319

who would fall in that category thank

1038

00:45:46,390 --> 00:45:42,000

you

1039

00:45:49,510 --> 00:45:46,400

i did see a lot of people sick

1040

00:45:52,150 --> 00:45:49,520

there wasn't as much death

1041

00:45:53,109 --> 00:45:52,160

as i was expecting

1042

00:45:55,510 --> 00:45:53,119

and

1043

00:45:57,829 --> 00:45:55,520

that was kind of a surprise there's

1044

00:45:58,829 --> 00:45:57,839

there's more than what we're used to but

1045

00:46:02,710 --> 00:45:58,839

there

1046

00:46:05,190 --> 00:46:02,720

wasn't you know this mass die-off

1047

00:46:08,150 --> 00:46:05,200

that i was afraid we were going to see

1048

00:46:09,829 --> 00:46:08,160

at first but

1049

00:46:10,710 --> 00:46:09,839

when watching

1050

00:46:13,349 --> 00:46:10,720

um

1051
00:46:15,829 --> 00:46:13,359
there everybody was sick there was like

1052
00:46:18,390 --> 00:46:15,839
one healthy person in every family and

1053
00:46:19,670 --> 00:46:18,400
it was the one who did not get the

1054
00:46:21,510 --> 00:46:19,680
the shot

1055
00:46:23,430 --> 00:46:21,520
and that one person was trying to take

1056
00:46:26,150 --> 00:46:23,440
care of everybody else the grandparents

1057
00:46:29,510 --> 00:46:26,160
the parents the kids um you know the

1058
00:46:30,230 --> 00:46:29,520
cousins the neighbors the blah blah blah

1059
00:46:33,190 --> 00:46:30,240
and

1060
00:46:34,870 --> 00:46:33,200
the thing that ended up

1061
00:46:36,550 --> 00:46:34,880
striking me and this is going to sound

1062
00:46:38,870 --> 00:46:36,560
terrible

1063
00:46:40,470 --> 00:46:38,880

was that oh my god

1064

00:46:43,829 --> 00:46:40,480

we would have been better off if these

1065

00:46:45,270 --> 00:46:43,839

people had died because now everybody is

1066

00:46:47,589 --> 00:46:45,280

sick and the

1067

00:46:51,109 --> 00:46:47,599

couple people who are not sick

1068

00:46:53,750 --> 00:46:51,119

are just stretched to the max trying to

1069

00:46:55,030 --> 00:46:53,760

take care of their peeps

1070

00:46:57,270 --> 00:46:55,040

and that

1071

00:46:59,670 --> 00:46:57,280

um is it's just

1072

00:47:02,550 --> 00:46:59,680

everybody is unable to take care of

1073

00:47:04,309 --> 00:47:02,560

themselves and we get we get through it

1074

00:47:05,190 --> 00:47:04,319

we do lose some

1075

00:47:07,750 --> 00:47:05,200

but

1076

00:47:09,190 --> 00:47:07,760

there's a period there where we as a

1077

00:47:10,710 --> 00:47:09,200

population

1078

00:47:13,190 --> 00:47:10,720

as a planet

1079

00:47:14,710 --> 00:47:13,200

are very very vulnerable and that is

1080

00:47:17,990 --> 00:47:14,720

just what

1081

00:47:19,190 --> 00:47:18,000

the um cabal is trying to

1082

00:47:21,270 --> 00:47:19,200

um

1083

00:47:24,309 --> 00:47:21,280

they're trying to set that up

1084

00:47:26,470 --> 00:47:24,319

everybody's too sick to do anything

1085

00:47:28,150 --> 00:47:26,480

except cave in

1086

00:47:28,950 --> 00:47:28,160

so

1087

00:47:31,349 --> 00:47:28,960

uh

1088

00:47:33,990 --> 00:47:31,359

you know i've said to people have a

1089

00:47:37,670 --> 00:47:34,000

little nursing kit for every member of

1090

00:47:40,150 --> 00:47:37,680

your family have some supplies have some

1091

00:47:41,910 --> 00:47:40,160

you know techniques and some things that

1092

00:47:44,230 --> 00:47:41,920

you know how to do

1093

00:47:46,630 --> 00:47:44,240

um you know i've referred people to my

1094

00:47:49,109 --> 00:47:46,640

own book getting well again or getting

1095

00:47:51,109 --> 00:47:49,119

well naturally it's a brown cover that's

1096

00:47:53,510 --> 00:47:51,119

the one that i just updated because are

1097

00:47:55,430 --> 00:47:53,520

some techniques in there for taking care

1098

00:47:57,829 --> 00:47:55,440

of people

1099

00:48:01,190 --> 00:47:57,839

a lot of getting well

1100

00:48:02,309 --> 00:48:01,200

is nursing yourself

1101
00:48:07,670 --> 00:48:02,319
or

1102
00:48:08,470 --> 00:48:07,680
by nursing them

1103
00:48:10,549 --> 00:48:08,480
and

1104
00:48:12,870 --> 00:48:10,559
that means feeding them when they need

1105
00:48:15,109 --> 00:48:12,880
to be fed and helping them

1106
00:48:17,589 --> 00:48:15,119
um if they need to

1107
00:48:19,910 --> 00:48:17,599
uh take a bath or wash their hair or

1108
00:48:21,990 --> 00:48:19,920
take their meds on time their their

1109
00:48:23,190 --> 00:48:22,000
herbs on time or whatever it is they're

1110
00:48:24,230 --> 00:48:23,200
taking

1111
00:48:26,069 --> 00:48:24,240
so

1112
00:48:27,990 --> 00:48:26,079
um you know there's a lot of

1113
00:48:30,630 --> 00:48:28,000

old-fashioned things that used to be

1114

00:48:32,790 --> 00:48:30,640

done because people trusted the body to

1115

00:48:35,510 --> 00:48:32,800

heal itself if you

1116

00:48:39,670 --> 00:48:35,520

just support the body

1117

00:48:46,069 --> 00:48:41,990

great thank you

1118

00:48:48,069 --> 00:48:46,079

um melissa weingartz is saying hi penny

1119

00:48:50,309 --> 00:48:48,079

how much longer do you see this

1120

00:48:52,470 --> 00:48:50,319

so-called movie playing

1121

00:48:55,030 --> 00:48:52,480

i'm feeling really tired and frustrated

1122

00:48:56,309 --> 00:48:55,040

thanks melissa yeah

1123

00:48:57,750 --> 00:48:56,319

um

1124

00:48:59,510 --> 00:48:57,760

wow

1125

00:49:01,270 --> 00:48:59,520

i don't have anything good to say there

1126

00:49:04,710 --> 00:49:01,280

melissa i'm sorry

1127

00:49:05,670 --> 00:49:04,720

um what i see is that this is playing

1128

00:49:08,390 --> 00:49:05,680

out

1129

00:49:09,270 --> 00:49:08,400

in different stages for a couple years

1130

00:49:12,790 --> 00:49:09,280

yet

1131

00:49:14,309 --> 00:49:12,800

so um i too have a couple times just

1132

00:49:15,270 --> 00:49:14,319

like ah

1133

00:49:17,589 --> 00:49:15,280

okay

1134

00:49:21,750 --> 00:49:17,599

um that i need a break

1135

00:49:22,790 --> 00:49:21,760

and so i just um go away from everything

1136

00:49:25,829 --> 00:49:22,800

um

1137

00:49:28,710 --> 00:49:25,839

tell my people i hit the wall

1138

00:49:29,589 --> 00:49:28,720

i i need some time off i need to go do

1139

00:49:30,950 --> 00:49:29,599

what

1140

00:49:33,750 --> 00:49:30,960

something

1141

00:49:36,790 --> 00:49:33,760

and then i read or i soak in the tub or

1142

00:49:38,309 --> 00:49:36,800

i soak my feet or i go to bed early and

1143

00:49:40,390 --> 00:49:38,319

take a nap in the middle of the day

1144

00:49:42,790 --> 00:49:40,400

which i don't normally do

1145

00:49:45,510 --> 00:49:42,800

usually i'm working a minimum of 12

1146

00:49:48,230 --> 00:49:45,520

hours a day and often it's 16

1147

00:49:52,309 --> 00:49:48,240

um or even 18

1148

00:49:54,390 --> 00:49:52,319

so hours in a day um so get away go do

1149

00:49:57,829 --> 00:49:54,400

something go do something silly go do

1150

00:49:59,990 --> 00:49:57,839

something fun and then know that you're

1151
00:50:01,750 --> 00:50:00,000
just taking a break so that you can come

1152
00:50:04,150 --> 00:50:01,760
back refreshed

1153
00:50:06,950 --> 00:50:04,160
back in world war one and world war ii

1154
00:50:10,069 --> 00:50:06,960
soldiers had to be sent away

1155
00:50:13,430 --> 00:50:10,079
for a week or two to sort of renew it

1156
00:50:15,750 --> 00:50:13,440
takes two or three days just to get into

1157
00:50:17,430 --> 00:50:15,760
the relaxation

1158
00:50:19,349 --> 00:50:17,440
ah okay

1159
00:50:21,430 --> 00:50:19,359
where you stop churning

1160
00:50:23,349 --> 00:50:21,440
with all the stuff and then you take

1161
00:50:25,349 --> 00:50:23,359
three or four days where you don't think

1162
00:50:27,349 --> 00:50:25,359
about it you just do things that you

1163
00:50:29,109 --> 00:50:27,359

enjoy you laugh you call people you

1164

00:50:31,990 --> 00:50:29,119

haven't had time to call

1165

00:50:33,750 --> 00:50:32,000

um and then you head back

1166

00:50:35,349 --> 00:50:33,760

knowing okay

1167

00:50:37,750 --> 00:50:35,359

what's happening

1168

00:50:39,990 --> 00:50:37,760

what do i need to be ready for

1169

00:50:41,270 --> 00:50:40,000

um does it look any better does it look

1170

00:50:43,510 --> 00:50:41,280

any worse

1171

00:50:47,030 --> 00:50:43,520

the stages that we have yet to go

1172

00:50:50,069 --> 00:50:47,040

through are the rest of the destruction

1173

00:50:51,589 --> 00:50:50,079

of the old system

1174

00:50:53,190 --> 00:50:51,599

the

1175

00:50:57,750 --> 00:50:53,200

setup

1176
00:50:59,750 --> 00:50:57,760
some of the cleanup for the new system

1177
00:51:02,470 --> 00:50:59,760
and all the meetings

1178
00:51:04,790 --> 00:51:02,480
and all of the exchange of ideas that

1179
00:51:05,829 --> 00:51:04,800
have to happen in order to create a new

1180
00:51:08,470 --> 00:51:05,839
system

1181
00:51:10,630 --> 00:51:08,480
and then um actually doing the work of

1182
00:51:14,630 --> 00:51:10,640
creating that the communication

1183
00:51:15,589 --> 00:51:14,640
that is required the creativity

1184
00:51:17,030 --> 00:51:15,599
um

1185
00:51:20,710 --> 00:51:17,040
the

1186
00:51:22,549 --> 00:51:20,720
that all of that is a lot of work um

1187
00:51:24,950 --> 00:51:22,559
right now there's a lot of anxiety

1188
00:51:27,910 --> 00:51:24,960

watching the old come down but the

1189

00:51:29,349 --> 00:51:27,920

um it's just as stressful to be creating

1190

00:51:31,030 --> 00:51:29,359

something new

1191

00:51:31,910 --> 00:51:31,040

um because you don't know if it's gonna

1192

00:51:33,670 --> 00:51:31,920

work

1193

00:51:34,950 --> 00:51:33,680

you don't uh

1194

00:51:38,390 --> 00:51:34,960

you know

1195

00:51:40,950 --> 00:51:38,400

it's like okay let's try this

1196

00:51:43,829 --> 00:51:40,960

people will have to come together

1197

00:51:46,870 --> 00:51:43,839

and we don't know how to work together

1198

00:51:48,950 --> 00:51:46,880

we only know competition we don't know

1199

00:51:51,190 --> 00:51:48,960

cooperation so that's another little

1200

00:51:52,390 --> 00:51:51,200

stage in there where we learn to work

1201
00:51:56,549 --> 00:51:52,400
together

1202
00:51:58,309 --> 00:51:56,559
another

1203
00:51:59,990 --> 00:51:58,319
okay

1204
00:52:02,870 --> 00:52:00,000
thank you for that

1205
00:52:05,349 --> 00:52:02,880
danielle is saying hi penny you're a

1206
00:52:07,589 --> 00:52:05,359
gift to the world thank you so much

1207
00:52:10,470 --> 00:52:07,599
how do you see florida faring over the

1208
00:52:13,670 --> 00:52:10,480
next few years uh what about miami i'm

1209
00:52:17,510 --> 00:52:13,680
looking to buy land

1210
00:52:19,829 --> 00:52:17,520
land out in rural rural florida when my

1211
00:52:23,030 --> 00:52:19,839
lease is up

1212
00:52:24,150 --> 00:52:23,040
okay um florida actually does pretty

1213
00:52:25,430 --> 00:52:24,160

well

1214

00:52:26,230 --> 00:52:25,440

um

1215

00:52:28,710 --> 00:52:26,240

the

1216

00:52:30,829 --> 00:52:28,720

in terms of finance in terms of

1217

00:52:32,630 --> 00:52:30,839

governance in terms of

1218

00:52:34,230 --> 00:52:32,640

sickness

1219

00:52:36,870 --> 00:52:34,240

all sorts of

1220

00:52:40,950 --> 00:52:36,880

of good changes come out of florida

1221

00:52:44,390 --> 00:52:40,960

there are some indicators that

1222

00:52:46,790 --> 00:52:44,400

that we may have to counter

1223

00:52:47,829 --> 00:52:46,800

some pretty big natural phenomena but

1224

00:52:49,829 --> 00:52:47,839

that's

1225

00:52:52,309 --> 00:52:49,839

uh seven eight nine

1226

00:52:54,069 --> 00:52:52,319

years down the road maybe as much as 20

1227

00:52:54,950 --> 00:52:54,079

years down the road

1228

00:52:56,390 --> 00:52:54,960

um

1229

00:52:58,230 --> 00:52:56,400

and so

1230

00:52:59,990 --> 00:52:58,240

you know the question would be how long

1231

00:53:02,150 --> 00:53:00,000

are you going to stay there how long do

1232

00:53:05,190 --> 00:53:02,160

you intend to live

1233

00:53:07,349 --> 00:53:05,200

and and so on and so forth so

1234

00:53:08,309 --> 00:53:07,359

what i've said to people is

1235

00:53:11,670 --> 00:53:08,319

um

1236

00:53:14,230 --> 00:53:11,680

i'll share a little story here

1237

00:53:16,390 --> 00:53:14,240

this is a long time ago back in the

1238

00:53:17,829 --> 00:53:16,400

early part of the 2000 we were building

1239

00:53:20,790 --> 00:53:17,839

a barn

1240

00:53:23,190 --> 00:53:20,800

and uh we just had to put the the

1241

00:53:26,069 --> 00:53:23,200

shingles on we had to shingle the roof

1242

00:53:27,430 --> 00:53:26,079

and it was december in michigan

1243

00:53:30,870 --> 00:53:27,440

and the

1244

00:53:32,549 --> 00:53:30,880

every day it snowed and it was dangerous

1245

00:53:34,069 --> 00:53:32,559

and the guys didn't want to get up there

1246

00:53:36,950 --> 00:53:34,079

on the roof because they were afraid

1247

00:53:39,270 --> 00:53:36,960

they'd slide off and this was a this was

1248

00:53:41,430 --> 00:53:39,280

up there it was not it wasn't an eight

1249

00:53:44,710 --> 00:53:41,440

foot drop to the ground

1250

00:53:47,270 --> 00:53:44,720

or even a 10 foot so

1251
00:53:50,390 --> 00:53:47,280
so finally i

1252
00:53:52,790 --> 00:53:50,400
went out and i said to my friends the

1253
00:53:56,069 --> 00:53:52,800
wind and the snow

1254
00:53:57,829 --> 00:53:56,079
and the moisture the water which is snow

1255
00:54:01,190 --> 00:53:57,839
um i said look

1256
00:54:05,510 --> 00:54:01,200
you guys were trying to put a a roof on

1257
00:54:08,390 --> 00:54:05,520
could you just stop snowing please if we

1258
00:54:11,190 --> 00:54:08,400
just need a few days

1259
00:54:14,710 --> 00:54:11,200
and and it was cold oh my god it was

1260
00:54:17,030 --> 00:54:14,720
frigid cold and so the batteries on the

1261
00:54:20,069 --> 00:54:17,040
the guns didn't the

1262
00:54:21,750 --> 00:54:20,079
you know the bullet the nail guns um

1263
00:54:24,549 --> 00:54:21,760

were not working

1264

00:54:27,990 --> 00:54:24,559

and uh for very long and so lots and

1265

00:54:30,230 --> 00:54:28,000

lots of problems so i ended up

1266

00:54:32,630 --> 00:54:30,240

talking to these friends i have

1267

00:54:36,549 --> 00:54:32,640

developed these relationships with

1268

00:54:39,030 --> 00:54:36,559

the elements and they said okay

1269

00:54:40,789 --> 00:54:39,040

if we see you out there i said we can't

1270

00:54:42,470 --> 00:54:40,799

get out there too early in the morning

1271

00:54:43,670 --> 00:54:42,480

because it's too cold and it's too much

1272

00:54:45,190 --> 00:54:43,680

frost

1273

00:54:47,589 --> 00:54:45,200

um so

1274

00:54:49,349 --> 00:54:47,599

they said if we see you out there by 10

1275

00:54:52,470 --> 00:54:49,359

o'clock in the morning

1276

00:54:55,190 --> 00:54:52,480

there will be no snow that day and the

1277

00:54:56,470 --> 00:54:55,200

sun will come out and melt the frost

1278

00:54:57,430 --> 00:54:56,480

okay

1279

00:55:02,470 --> 00:54:57,440

so

1280

00:55:05,670 --> 00:55:02,480

roof and because of the

1281

00:55:07,670 --> 00:55:05,680

um how cold it was it took longer it

1282

00:55:09,910 --> 00:55:07,680

took like i don't know 10 days i think

1283

00:55:11,190 --> 00:55:09,920

it was maybe even almost two weeks

1284

00:55:12,150 --> 00:55:11,200

before we

1285

00:55:15,430 --> 00:55:12,160

um

1286

00:55:19,190 --> 00:55:15,440

got this all the shingles on and finally

1287

00:55:20,630 --> 00:55:19,200

uh december 23rd i remember the day we

1288

00:55:23,589 --> 00:55:20,640

finished the roof

1289

00:55:26,470 --> 00:55:23,599

and i said i went back outside and i

1290

00:55:29,190 --> 00:55:26,480

said to my friends okay we're done thank

1291

00:55:31,270 --> 00:55:29,200

you we hadn't had a single drop

1292

00:55:33,349 --> 00:55:31,280

of rain or snow

1293

00:55:35,510 --> 00:55:33,359

and the sun had come up each day and

1294

00:55:38,710 --> 00:55:35,520

melted the frost on the roof just like

1295

00:55:41,030 --> 00:55:38,720

they had promised and we managed to get

1296

00:55:43,829 --> 00:55:41,040

the thing done

1297

00:55:45,990 --> 00:55:43,839

and that was the 23rd

1298

00:55:48,950 --> 00:55:46,000

um in the morning

1299

00:55:51,109 --> 00:55:48,960

noonish it actually wasn't quite morning

1300

00:55:53,750 --> 00:55:51,119

and i think was by

1301
00:55:54,870 --> 00:55:53,760
five o'clock that afternoon it started

1302
00:55:57,190 --> 00:55:54,880
to snow

1303
00:56:00,230 --> 00:55:57,200
and it snowed for two days

1304
00:56:01,190 --> 00:56:00,240
and we were like let us know

1305
00:56:07,750 --> 00:56:01,200
so

1306
00:56:10,630 --> 00:56:07,760
if we understood that we're in a

1307
00:56:12,630 --> 00:56:10,640
partnership with mother nature

1308
00:56:14,829 --> 00:56:12,640
and we're trying to work our way back

1309
00:56:17,349 --> 00:56:14,839
into that partnership and into

1310
00:56:20,710 --> 00:56:17,359
communication and we're letting nature

1311
00:56:24,309 --> 00:56:20,720
know this is what we need right now here

1312
00:56:26,150 --> 00:56:24,319
in this place in this location right now

1313
00:56:27,190 --> 00:56:26,160

that the

1314

00:56:30,630 --> 00:56:27,200

um

1315

00:56:34,230 --> 00:56:30,640

that all things become possible

1316

00:56:35,270 --> 00:56:34,240

so it's really important to follow your

1317

00:56:37,829 --> 00:56:35,280

heart

1318

00:56:41,030 --> 00:56:37,839

to communicate with the land

1319

00:56:44,069 --> 00:56:41,040

with the rain with the wind in that area

1320

00:56:45,349 --> 00:56:44,079

get to know those elements in that

1321

00:56:48,470 --> 00:56:45,359

location

1322

00:56:49,910 --> 00:56:48,480

um and then by if you think that that's

1323

00:56:52,309 --> 00:56:49,920

something that

1324

00:56:54,549 --> 00:56:52,319

you know you feel deeply about

1325

00:56:56,710 --> 00:56:54,559

let yourself be led

1326

00:56:59,670 --> 00:56:56,720

follow your nose kind of thing

1327

00:57:00,789 --> 00:56:59,680

and it and it will work out just great

1328

00:57:01,829 --> 00:57:00,799

so

1329

00:57:03,270 --> 00:57:01,839

okay

1330

00:57:04,150 --> 00:57:03,280

great thank you

1331

00:57:05,829 --> 00:57:04,160

uh

1332

00:57:09,829 --> 00:57:05,839

i'm not sure if i can even pronounce

1333

00:57:12,950 --> 00:57:09,839

this username non-yokes three um the

1334

00:57:15,589 --> 00:57:12,960

question is have seven have seven

1335

00:57:18,470 --> 00:57:15,599

dimension beings reincarnated on in this

1336

00:57:21,829 --> 00:57:18,480

timeline as humans or is it mainly lower

1337

00:57:27,030 --> 00:57:24,829

um i can only talk about my own

1338

00:57:29,510 --> 00:57:27,040

experience okay

1339

00:57:32,470 --> 00:57:29,520

seventh dimensional beings

1340

00:57:36,069 --> 00:57:32,480

are usually not interested

1341

00:57:38,549 --> 00:57:36,079

in what we're doing way down here

1342

00:57:40,950 --> 00:57:38,559

this is a tough place this is this

1343

00:57:43,270 --> 00:57:40,960

dimension is rough

1344

00:57:46,230 --> 00:57:43,280

uh people are undeveloped

1345

00:57:47,990 --> 00:57:46,240

consciousness is wild out of control

1346

00:57:50,069 --> 00:57:48,000

most of the time

1347

00:57:52,069 --> 00:57:50,079

seventh dimensional beings you don't get

1348

00:57:55,270 --> 00:57:52,079

to be seventh dimension

1349

00:57:56,870 --> 00:57:55,280

unless you have done one heck of a lot

1350

00:57:59,109 --> 00:57:56,880

of development

1351
00:58:01,589 --> 00:57:59,119
and once you have developed to that

1352
00:58:03,829 --> 00:58:01,599
extent i mean you might get a fourth

1353
00:58:05,990 --> 00:58:03,839
dimension or fifth dimension being who

1354
00:58:08,950 --> 00:58:06,000
comes back to help but seventh

1355
00:58:11,589 --> 00:58:08,960
dimensional beings if they're going to

1356
00:58:13,270 --> 00:58:11,599
be involved here at all are going to try

1357
00:58:14,710 --> 00:58:13,280
to

1358
00:58:19,829 --> 00:58:14,720
offer

1359
00:58:20,710 --> 00:58:19,839
they're at

1360
00:58:22,470 --> 00:58:20,720
so

1361
00:58:24,950 --> 00:58:22,480
that's uh

1362
00:58:27,430 --> 00:58:24,960
my experience is that you can barely

1363
00:58:29,430 --> 00:58:27,440

communicate with those beings and and

1364

00:58:31,109 --> 00:58:29,440

the reason is because they're way past

1365

00:58:34,710 --> 00:58:31,119

what we're going through

1366

00:58:37,030 --> 00:58:34,720

we will get there one of these days

1367

00:58:39,750 --> 00:58:37,040

one of these lifetimes but

1368

00:58:40,710 --> 00:58:39,760

uh the due diligence that has to happen

1369

00:58:43,030 --> 00:58:40,720

first

1370

00:58:44,470 --> 00:58:43,040

is what happens in the third dimension

1371

00:58:46,549 --> 00:58:44,480

and the fourth

1372

00:58:48,630 --> 00:58:46,559

um and even in the fifth

1373

00:58:51,430 --> 00:58:48,640

it's not all um

1374

00:58:54,390 --> 00:58:51,440

what do you call it uh chocolate and

1375

00:58:57,270 --> 00:58:54,400

roses or candy and flowers or whatever

1376

00:58:59,829 --> 00:58:57,280

um in each one of those dimensions you

1377

00:59:01,349 --> 00:58:59,839

really don't get above that

1378

00:59:04,150 --> 00:59:01,359

um ever

1379

00:59:06,870 --> 00:59:04,160

even six dimensional beings are very

1380

00:59:08,309 --> 00:59:06,880

disciplined in what they will discuss

1381

00:59:10,549 --> 00:59:08,319

with you because they don't want to get

1382

00:59:15,670 --> 00:59:10,559

hooked into all of your fear and all

1383

00:59:18,710 --> 00:59:15,680

your crap and everybody's um worry and

1384

00:59:21,349 --> 00:59:18,720

and their lack of discipline

1385

00:59:23,750 --> 00:59:21,359

they want us to develop ourselves and

1386

00:59:26,710 --> 00:59:23,760

that's a very critical

1387

00:59:29,670 --> 00:59:26,720

um critical step that we are in the

1388

00:59:30,630 --> 00:59:29,680

process of trying to develop right now

1389

00:59:37,990 --> 00:59:30,640

so

1390

00:59:39,670 --> 00:59:38,000

great thank you the next one is from c

1391

00:59:42,630 --> 00:59:39,680

mulvane

1392

00:59:45,109 --> 00:59:42,640

saying hi penny i hope hope your back is

1393

00:59:47,589 --> 00:59:45,119

healing well a little question do you

1394

00:59:49,750 --> 00:59:47,599

remember the first conversation

1395

00:59:52,309 --> 00:59:49,760

conversations when you explained the

1396

00:59:55,750 --> 00:59:52,319

ropes to your husband friends children

1397

00:59:59,589 --> 00:59:57,030

okay

1398

01:00:02,549 --> 00:59:59,599

so first of all

1399

01:00:04,309 --> 01:00:02,559

i really didn't explain anything

1400

01:00:05,510 --> 01:00:04,319

to any of them

1401
01:00:07,510 --> 01:00:05,520
i

1402
01:00:10,150 --> 01:00:07,520
back then

1403
01:00:12,870 --> 01:00:10,160
i was struggling terribly with the whole

1404
01:00:14,390 --> 01:00:12,880
kundalini thing in the unlimited

1405
01:00:16,549 --> 01:00:14,400
consciousness

1406
01:00:17,750 --> 01:00:16,559
was no boundaries

1407
01:00:18,870 --> 01:00:17,760
so

1408
01:00:19,589 --> 01:00:18,880
when

1409
01:00:22,630 --> 01:00:19,599
so

1410
01:00:23,829 --> 01:00:22,640
the few things that i did say

1411
01:00:25,829 --> 01:00:23,839
were

1412
01:00:29,030 --> 01:00:25,839
trying to drop hints

1413
01:00:30,789 --> 01:00:29,040

about what i had seen

1414

01:00:31,670 --> 01:00:30,799

with the robes

1415

01:00:34,789 --> 01:00:31,680

well

1416

01:00:36,230 --> 01:00:34,799

the man that i was madly in love with at

1417

01:00:39,829 --> 01:00:36,240

that time

1418

01:00:41,430 --> 01:00:39,839

finally threw up his hands and said look

1419

01:00:43,670 --> 01:00:41,440

i'm going to put a sign on your back

1420

01:00:45,349 --> 01:00:43,680

that says the end is near

1421

01:00:46,390 --> 01:00:45,359

if you don't shut up about all this

1422

01:00:50,230 --> 01:00:46,400

stuff

1423

01:00:52,870 --> 01:00:50,240

and and so i just backed way off i tried

1424

01:00:55,589 --> 01:00:52,880

to tell one of my daughters that i knew

1425

01:00:57,510 --> 01:00:55,599

was a fairly evolved soul

1426

01:00:59,829 --> 01:00:57,520

that i was from elsewhere in the

1427

01:01:01,589 --> 01:00:59,839

universe and i was here on an assignment

1428

01:01:03,510 --> 01:01:01,599

she freaked out

1429

01:01:05,270 --> 01:01:03,520

so it was like okay i can't talk to

1430

01:01:06,549 --> 01:01:05,280

children

1431

01:01:09,109 --> 01:01:06,559

at all

1432

01:01:12,069 --> 01:01:09,119

and my parents no

1433

01:01:14,549 --> 01:01:12,079

they were good catholic people they were

1434

01:01:17,270 --> 01:01:14,559

not really well educated they were hard

1435

01:01:18,150 --> 01:01:17,280

workers they were poor we were poor when

1436

01:01:20,069 --> 01:01:18,160

i was

1437

01:01:22,630 --> 01:01:20,079

growing up um

1438

01:01:25,349 --> 01:01:22,640

and we did everything ourselves we made

1439

01:01:28,549 --> 01:01:25,359
everything that we needed and

1440

01:01:29,750 --> 01:01:28,559
um and so they were not interested in

1441

01:01:32,309 --> 01:01:29,760
anything

1442

01:01:33,589 --> 01:01:32,319
that i would call esoteric in fact i had

1443

01:01:36,789 --> 01:01:33,599
never heard

1444

01:01:41,030 --> 01:01:36,799
the word esoteric or metaphysics

1445

01:01:43,430 --> 01:01:41,040
um until i was in my middle thirties

1446

01:01:46,150 --> 01:01:43,440
um it was after kundalini

1447

01:01:49,670 --> 01:01:46,160
so there was no one to talk to

1448

01:01:51,750 --> 01:01:49,680
um i did not tell my husband so the the

1449

01:01:54,950 --> 01:01:51,760
way that it went i

1450

01:01:57,510 --> 01:01:54,960
broke up with the man that i was with

1451

01:01:58,390 --> 01:01:57,520

when the robes were coming around and if

1452

01:02:03,910 --> 01:01:58,400

you

1453

01:02:06,549 --> 01:02:03,920

a lot of that story of what i was going

1454

01:02:08,630 --> 01:02:06,559

through personally um so then i was

1455

01:02:12,950 --> 01:02:08,640

alone for a while

1456

01:02:16,230 --> 01:02:12,960

um and then i met my second husband

1457

01:02:20,069 --> 01:02:16,240

um and i never said anything to him

1458

01:02:22,950 --> 01:02:20,079

i yeah it was like no i had learned if

1459

01:02:24,069 --> 01:02:22,960

people don't ask i don't tell

1460

01:02:27,109 --> 01:02:24,079

period

1461

01:02:28,630 --> 01:02:27,119

um that was a guaranteed way to lose

1462

01:02:31,990 --> 01:02:28,640

friends and

1463

01:02:34,470 --> 01:02:32,000

um and get ridiculed from family members

1464

01:02:37,270 --> 01:02:34,480

so i just carried that all inside of me

1465

01:02:41,270 --> 01:02:37,280

and it was really not until

1466

01:02:44,150 --> 01:02:41,280

um the robes came around i had mentioned

1467

01:02:45,109 --> 01:02:44,160

to my husband my second husband after we

1468

01:02:47,510 --> 01:02:45,119

married

1469

01:02:48,710 --> 01:02:47,520

um well i met these little guys in brown

1470

01:02:50,789 --> 01:02:48,720

robes

1471

01:02:54,870 --> 01:02:50,799

um back in

1472

01:02:57,190 --> 01:02:54,880

79 80 81

1473

01:02:59,109 --> 01:02:57,200

and they showed me a lot of pictures

1474

01:03:02,549 --> 01:02:59,119

of what the world what was going to

1475

01:03:04,150 --> 01:03:02,559

happen in the world but he didn't ask so

1476

01:03:06,150 --> 01:03:04,160

i didn't tell

1477

01:03:09,270 --> 01:03:06,160

so when the robes came back and asked me

1478

01:03:11,670 --> 01:03:09,280

to write down what they had showed me

1479

01:03:14,710 --> 01:03:11,680

and it took me forever to write that

1480

01:03:17,750 --> 01:03:14,720

down they came back in 92 it was 11

1481

01:03:19,589 --> 01:03:17,760

years almost 11 years after i had last

1482

01:03:20,870 --> 01:03:19,599

seen them

1483

01:03:22,789 --> 01:03:20,880

um

1484

01:03:26,230 --> 01:03:22,799

i started writing

1485

01:03:27,829 --> 01:03:26,240

when i was done with pretty much

1486

01:03:30,470 --> 01:03:27,839

the entire book

1487

01:03:31,349 --> 01:03:30,480

then i shared it with my husband

1488

01:03:33,190 --> 01:03:31,359

and

1489

01:03:35,829 --> 01:03:33,200

because he was

1490

01:03:38,390 --> 01:03:35,839

totally an engineering

1491

01:03:41,990 --> 01:03:38,400

square-shaped head

1492

01:03:44,710 --> 01:03:42,000

he was not into any of the stuff that i

1493

01:03:46,789 --> 01:03:44,720

was doing he liked it but he didn't do

1494

01:03:49,029 --> 01:03:46,799

any of that himself and he had some

1495

01:03:50,309 --> 01:03:49,039

difficulty believing that any of it was

1496

01:03:52,630 --> 01:03:50,319

real

1497

01:03:55,910 --> 01:03:52,640

when i gave him the the

1498

01:03:59,750 --> 01:03:57,910

his only comment

1499

01:04:01,270 --> 01:03:59,760

when he came back when he got to the

1500

01:04:03,510 --> 01:04:01,280

part about the

1501

01:04:05,910 --> 01:04:03,520

um the main house

1502

01:04:07,829 --> 01:04:05,920

and he said to me threw it on my desk he

1503

01:04:10,069 --> 01:04:07,839

says why didn't you tell me we were

1504

01:04:13,190 --> 01:04:10,079

building a main house

1505

01:04:14,870 --> 01:04:13,200

and that had not even occurred to me

1506

01:04:17,990 --> 01:04:14,880

until that moment

1507

01:04:21,670 --> 01:04:18,000

and then i had another crisis of

1508

01:04:23,670 --> 01:04:21,680

you know oh my god these guys would

1509

01:04:26,069 --> 01:04:23,680

so it's a long story

1510

01:04:28,549 --> 01:04:26,079

i won't say anymore but

1511

01:04:30,789 --> 01:04:28,559

suffice it to say for the most part i

1512

01:04:32,630 --> 01:04:30,799

just go about my business i meet people

1513

01:04:35,510 --> 01:04:32,640

where they are at

1514

01:04:37,670 --> 01:04:35,520

and and i like people a lot

1515

01:04:39,270 --> 01:04:37,680

um and so i enjoy them they don't have

1516

01:04:41,910 --> 01:04:39,280

to be something

1517

01:04:43,910 --> 01:04:41,920

or think a certain way or do certain

1518

01:04:45,910 --> 01:04:43,920

things for me to be comfortable with

1519

01:04:48,549 --> 01:04:45,920

them i'm just going to love them the way

1520

01:04:49,990 --> 01:04:48,559

that they are

1521

01:04:51,750 --> 01:04:50,000

great thank you

1522

01:04:54,950 --> 01:04:51,760

yeah this next question i can i can

1523

01:04:56,710 --> 01:04:54,960

relate because we had to kind of did

1524

01:04:59,270 --> 01:04:56,720

something very similar to where we had

1525

01:05:01,990 --> 01:04:59,280

to sit down our oldest which you know

1526

01:05:04,390 --> 01:05:02,000

he's a teenager now and talk to him but

1527

01:05:06,309 --> 01:05:04,400

let me get to the question jason's

1528

01:05:08,710 --> 01:05:06,319

jason's works

1529

01:05:10,309 --> 01:05:08,720

is asking how do we best teach children

1530

01:05:12,710 --> 01:05:10,319

what the world is going through right

1531

01:05:15,829 --> 01:05:12,720

now i think it is important they know

1532

01:05:18,789 --> 01:05:15,839

this is not the way it should be

1533

01:05:21,109 --> 01:05:18,799

oh i think the best way to work with

1534

01:05:23,029 --> 01:05:21,119

children is to say

1535

01:05:25,990 --> 01:05:23,039

things like that first of all they don't

1536

01:05:28,630 --> 01:05:26,000

like a lot of detail they don't really

1537

01:05:31,589 --> 01:05:28,640

understand a lot of the concepts of

1538

01:05:35,270 --> 01:05:31,599

what's going on and they don't need that

1539

01:05:38,069 --> 01:05:35,280

what they need to hear as well

1540

01:05:39,750 --> 01:05:38,079

we're moving into a new system we're

1541

01:05:42,630 --> 01:05:39,760

moving into

1542

01:05:45,190 --> 01:05:42,640

um we're going to have an opportunity to

1543

01:05:47,190 --> 01:05:45,200

uh create a world that is a little bit

1544

01:05:49,829 --> 01:05:47,200

closer to what we want

1545

01:05:51,510 --> 01:05:49,839

um you know what would you do

1546

01:05:52,390 --> 01:05:51,520

how would you do

1547

01:05:54,789 --> 01:05:52,400

food

1548

01:05:55,990 --> 01:05:54,799

you know there's 12 sectors major

1549

01:05:58,630 --> 01:05:56,000

sectors

1550

01:06:01,270 --> 01:05:58,640

that every society has

1551
01:06:04,870 --> 01:06:01,280
governance money

1552
01:06:05,990 --> 01:06:04,880
medicine education religion

1553
01:06:07,430 --> 01:06:06,000
um

1554
01:06:09,589 --> 01:06:07,440
business

1555
01:06:11,510 --> 01:06:09,599
you know there's all kinds of

1556
01:06:13,910 --> 01:06:11,520
information

1557
01:06:16,549 --> 01:06:13,920
that crosses over from each one of those

1558
01:06:19,270 --> 01:06:16,559
sectors and affects all the others so

1559
01:06:20,069 --> 01:06:19,280
you can occasionally ask a child you

1560
01:06:22,549 --> 01:06:20,079
know

1561
01:06:25,270 --> 01:06:22,559
what what would you do if you were

1562
01:06:27,750 --> 01:06:25,280
the farmer feeding the world what would

1563
01:06:29,990 --> 01:06:27,760

you do to heal people

1564

01:06:32,390 --> 01:06:30,000

uh what would you do if you were

1565

01:06:35,510 --> 01:06:32,400

teaching what would you teach

1566

01:06:37,990 --> 01:06:35,520

and so you begin to draw out from the

1567

01:06:41,109 --> 01:06:38,000

child what they think

1568

01:06:44,230 --> 01:06:41,119

and you'll be surprised at how

1569

01:06:46,630 --> 01:06:44,240

well they perceive what is going on

1570

01:06:48,390 --> 01:06:46,640

and how creative they are

1571

01:06:50,150 --> 01:06:48,400

i mean they might give you an answer

1572

01:06:51,349 --> 01:06:50,160

that's fit for a three-year-old if

1573

01:06:53,990 --> 01:06:51,359

they're three

1574

01:06:55,750 --> 01:06:54,000

um or for a seven-year-old or eight if

1575

01:06:59,589 --> 01:06:55,760

they're seven or eight

1576

01:07:02,470 --> 01:06:59,599

um but a lot of times they shock you

1577

01:07:04,950 --> 01:07:02,480

with their perception or you can just

1578

01:07:07,430 --> 01:07:04,960

say to them what do you see happening

1579

01:07:08,950 --> 01:07:07,440

what do you think is going on don't try

1580

01:07:12,549 --> 01:07:08,960

to tell them because all you're going to

1581

01:07:15,270 --> 01:07:12,559

do is end up passing on your biases

1582

01:07:16,069 --> 01:07:15,280

instead draw out from them by asking

1583

01:07:18,069 --> 01:07:16,079

them

1584

01:07:18,870 --> 01:07:18,079

what they see what they think how they

1585

01:07:20,950 --> 01:07:18,880

feel

1586

01:07:22,710 --> 01:07:20,960

what they would do about that what what

1587

01:07:24,630 --> 01:07:22,720

do they think if they say something

1588

01:07:27,349 --> 01:07:24,640

stupid then you say well what do you

1589

01:07:29,990 --> 01:07:27,359

think would happen if you did that

1590

01:07:33,750 --> 01:07:30,000

and and lead them toward

1591

01:07:38,309 --> 01:07:35,670

okay thank you for that

1592

01:07:41,270 --> 01:07:38,319

uh next question is from kevin um is

1593

01:07:43,029 --> 01:07:41,280

there an end game for the ets if so what

1594

01:07:44,950 --> 01:07:43,039

do you think the end game looks like

1595

01:07:46,630 --> 01:07:44,960

thank you

1596

01:07:47,510 --> 01:07:46,640

um

1597

01:07:48,549 --> 01:07:47,520

yeah

1598

01:07:55,670 --> 01:07:48,559

there's

1599

01:07:57,430 --> 01:07:55,680

a state of um

1600

01:07:58,710 --> 01:07:57,440

a state of

1601
01:08:01,190 --> 01:07:58,720
a state

1602
01:08:04,789 --> 01:08:01,200
a status

1603
01:08:05,750 --> 01:08:04,799
that they would like us to achieve okay

1604
01:08:07,589 --> 01:08:05,760
so

1605
01:08:11,029 --> 01:08:07,599
the end game

1606
01:08:12,630 --> 01:08:11,039
if i can bring it down what's really a

1607
01:08:14,789 --> 01:08:12,640
galaxy wide

1608
01:08:18,470 --> 01:08:14,799
challenge to something that's really

1609
01:08:21,030 --> 01:08:18,480
very local um on our planet

1610
01:08:23,510 --> 01:08:21,040
your planet either

1611
01:08:27,030 --> 01:08:23,520
let me say it this way

1612
01:08:29,510 --> 01:08:27,040
some et's that are very aggressive

1613
01:08:32,229 --> 01:08:29,520

uh have declared that certain sectors of

1614

01:08:34,070 --> 01:08:32,239

the galaxy belong to them and so if your

1615

01:08:36,870 --> 01:08:34,080

planet happens to be in the sector that

1616

01:08:40,630 --> 01:08:36,880

they have roped off office their

1617

01:08:41,990 --> 01:08:40,640

territory then you're in trouble

1618

01:08:45,110 --> 01:08:42,000

um and

1619

01:08:47,590 --> 01:08:45,120

so there's been an effort on the part of

1620

01:08:48,950 --> 01:08:47,600

ets who are very

1621

01:08:50,229 --> 01:08:48,960

highly developed in terms of

1622

01:08:54,309 --> 01:08:50,239

consciousness

1623

01:08:56,709 --> 01:08:54,319

very spiritual um very powerful in terms

1624

01:08:57,749 --> 01:08:56,719

of their weaponry and they do have

1625

01:09:00,309 --> 01:08:57,759

weapons

1626

01:09:01,590 --> 01:09:00,319

um very advanced in terms of their

1627

01:09:06,390 --> 01:09:01,600

consciousness

1628

01:09:09,269 --> 01:09:06,400

um all of that is something that

1629

01:09:11,590 --> 01:09:09,279

they try to prevent

1630

01:09:14,149 --> 01:09:11,600

because they know

1631

01:09:17,829 --> 01:09:14,159

the more sectors or the more planets go

1632

01:09:22,390 --> 01:09:17,839

down the more we are at risk in our

1633

01:09:24,709 --> 01:09:22,400

territory our area and so that there's

1634

01:09:26,789 --> 01:09:24,719

this constant effort

1635

01:09:29,110 --> 01:09:26,799

to uh for some of the more aggressive

1636

01:09:32,550 --> 01:09:29,120

ones to take over planets

1637

01:09:35,269 --> 01:09:32,560

um and and some of that is for food

1638

01:09:37,590 --> 01:09:35,279

reasons some of that's for slave reasons

1639

01:09:41,110 --> 01:09:37,600

some of that is for

1640

01:09:42,950 --> 01:09:41,120

power reasons or for

1641

01:09:44,470 --> 01:09:42,960

being able to exact

1642

01:09:46,789 --> 01:09:44,480

like attacks

1643

01:09:50,550 --> 01:09:46,799

if somebody wants to land on our planet

1644

01:09:52,870 --> 01:09:50,560

and refuel or get water or something

1645

01:09:55,910 --> 01:09:52,880

they they have to be careful they could

1646

01:09:57,910 --> 01:09:55,920

be captured and they may have to pay

1647

01:10:00,070 --> 01:09:57,920

heavy tax

1648

01:10:01,510 --> 01:10:00,080

to be able to land here and so the

1649

01:10:03,189 --> 01:10:01,520

aggressive ones

1650

01:10:05,750 --> 01:10:03,199

gather more power

1651
01:10:07,430 --> 01:10:05,760
so the people that say no that's not how

1652
01:10:08,630 --> 01:10:07,440
we want to do things that's not how we

1653
01:10:10,390 --> 01:10:08,640
want to live

1654
01:10:14,149 --> 01:10:10,400
then end up

1655
01:10:18,229 --> 01:10:14,159
going to try to wake up

1656
01:10:19,430 --> 01:10:18,239
the people on a given planet before it's

1657
01:10:21,270 --> 01:10:19,440
too late

1658
01:10:22,950 --> 01:10:21,280
before the

1659
01:10:25,350 --> 01:10:22,960
um

1660
01:10:26,709 --> 01:10:25,360
the aggressive ones have gotten full

1661
01:10:30,709 --> 01:10:26,719
control

1662
01:10:31,830 --> 01:10:30,719
uh right now we're at a moment in time

1663
01:10:33,750 --> 01:10:31,840

where

1664

01:10:36,070 --> 01:10:33,760

uh i think

1665

01:10:37,990 --> 01:10:36,080

we'll say the ones who are trying to get

1666

01:10:41,350 --> 01:10:38,000

us to wake up and step into our own

1667

01:10:42,830 --> 01:10:41,360

power so that we will not be taken over

1668

01:10:44,630 --> 01:10:42,840

um they are

1669

01:10:47,189 --> 01:10:44,640

succeeding

1670

01:10:48,870 --> 01:10:47,199

they want us to see that we are

1671

01:10:51,590 --> 01:10:48,880

succeeding

1672

01:10:52,709 --> 01:10:51,600

and it appears that the bad guys have

1673

01:10:54,870 --> 01:10:52,719

said

1674

01:10:56,870 --> 01:10:54,880

okay

1675

01:10:59,030 --> 01:10:56,880

this this isn't going to work this

1676

01:11:01,110 --> 01:10:59,040

takeover is not going to work

1677

01:11:01,910 --> 01:11:01,120

um and so they've left and they've left

1678

01:11:04,550 --> 01:11:01,920

us

1679

01:11:05,830 --> 01:11:04,560

with all the layers what the bad guys do

1680

01:11:08,149 --> 01:11:05,840

is they come in and they they get a

1681

01:11:10,470 --> 01:11:08,159

whole bunch of people on the planet to

1682

01:11:13,430 --> 01:11:10,480

do their dirty work

1683

01:11:15,510 --> 01:11:13,440

when if the et's leave

1684

01:11:17,270 --> 01:11:15,520

then the bad guys doing the dirty work

1685

01:11:19,430 --> 01:11:17,280

are the ones left

1686

01:11:21,910 --> 01:11:19,440

um and they

1687

01:11:23,910 --> 01:11:21,920

we go after them

1688

01:11:25,350 --> 01:11:23,920

and rightly so

1689

01:11:27,510 --> 01:11:25,360

because they

1690

01:11:29,830 --> 01:11:27,520

it turns out they betray us

1691

01:11:32,790 --> 01:11:29,840

um and so that's where we're at right

1692

01:11:34,390 --> 01:11:32,800

now i i don't think it's well understood

1693

01:11:35,750 --> 01:11:34,400

may never be understood it doesn't

1694

01:11:38,229 --> 01:11:35,760

matter in some

1695

01:11:40,709 --> 01:11:38,239

um in many ways it doesn't matter as

1696

01:11:43,430 --> 01:11:40,719

long as we

1697

01:11:45,510 --> 01:11:43,440

come out with having stepped into our

1698

01:11:48,470 --> 01:11:45,520

own inner authority

1699

01:11:50,870 --> 01:11:48,480

having committed to higher consciousness

1700

01:11:53,030 --> 01:11:50,880

more expansive consciousness having

1701

01:11:56,070 --> 01:11:53,040

committed to development

1702

01:11:59,030 --> 01:11:56,080

of the physical as well as the spiritual

1703

01:12:01,830 --> 01:11:59,040

so that we can be these um

1704

01:12:04,630 --> 01:12:01,840

amazing beings that are somewhat rare

1705

01:12:06,709 --> 01:12:04,640

that are physical as well as highly

1706

01:12:09,110 --> 01:12:06,719

spiritual

1707

01:12:11,750 --> 01:12:09,120

most people are one or the other uh

1708

01:12:13,750 --> 01:12:11,760

they're very advanced in terms of their

1709

01:12:15,669 --> 01:12:13,760

technology

1710

01:12:17,270 --> 01:12:15,679

um but they're not very advanced in

1711

01:12:18,709 --> 01:12:17,280

terms of their consciousness and their

1712

01:12:19,830 --> 01:12:18,719

spirituality

1713

01:12:21,590 --> 01:12:19,840

or

1714

01:12:23,350 --> 01:12:21,600
they're very advanced in terms of

1715

01:12:24,790 --> 01:12:23,360
spirituality and they give up the

1716

01:12:28,550 --> 01:12:24,800
three-dimensional

1717

01:12:31,990 --> 01:12:28,560
um physicality and so there's a

1718

01:12:34,550 --> 01:12:32,000
loss of the beauty and the intensity

1719

01:12:37,910 --> 01:12:34,560
of the physical realm

1720

01:12:39,430 --> 01:12:37,920
and um and what we are doing here on

1721

01:12:43,910 --> 01:12:39,440
earth is trying to

1722

01:12:45,750 --> 01:12:43,920
develop the physical as well as the

1723

01:12:46,630 --> 01:12:45,760
um spiritual

1724

01:12:49,110 --> 01:12:46,640
and

1725

01:12:51,830 --> 01:12:49,120
most people do not have enough science

1726

01:12:53,430 --> 01:12:51,840

background to know what is possible when

1727

01:12:57,030 --> 01:12:53,440

you increase

1728

01:13:00,229 --> 01:12:57,040

the level of energy that you can hold

1729

01:13:03,030 --> 01:13:00,239

um and that is true for a human being

1730

01:13:06,550 --> 01:13:03,040

that is true for a plant that's true for

1731

01:13:08,630 --> 01:13:06,560

a rock that's true for a fish or that's

1732

01:13:11,510 --> 01:13:08,640

true for a piece of metal

1733

01:13:16,790 --> 01:13:11,520

um as you increase that

1734

01:13:19,669 --> 01:13:16,800

object's ability to hold itself together

1735

01:13:24,070 --> 01:13:19,679

even when holding extraordinary amounts

1736

01:13:26,550 --> 01:13:24,080

of energy then you get something a plant

1737

01:13:28,950 --> 01:13:26,560

a metal an animal a human with

1738

01:13:30,870 --> 01:13:28,960

extraordinary characteristics

1739

01:13:33,030 --> 01:13:30,880

absolutely knock your socks off

1740

01:13:34,709 --> 01:13:33,040

characteristics and that's where we're

1741

01:13:35,830 --> 01:13:34,719

headed

1742

01:13:38,310 --> 01:13:35,840

so

1743

01:13:41,030 --> 01:13:38,320

i hope that all makes sense

1744

01:13:42,950 --> 01:13:41,040

great thank you um penny how how are you

1745

01:13:44,950 --> 01:13:42,960

feeling would you be okay to go a little

1746

01:13:47,510 --> 01:13:44,960

longer or i just want to be respectful

1747

01:13:49,830 --> 01:13:47,520

of your time uh yeah we can go a little

1748

01:13:52,550 --> 01:13:49,840

bit longer do we yeah

1749

01:13:54,310 --> 01:13:52,560

another 15 minutes or so maybe unless we

1750

01:13:57,030 --> 01:13:54,320

run out of questions

1751

01:13:59,030 --> 01:13:57,040

oh no it's it's loaded so you know i

1752

01:14:01,030 --> 01:13:59,040

just you you're the boss you tell me

1753

01:14:02,470 --> 01:14:01,040

when and i'm already and i'm sure

1754

01:14:05,030 --> 01:14:02,480

everyone else watching they're very

1755

01:14:06,229 --> 01:14:05,040

appreciative of you doing this so

1756

01:14:08,950 --> 01:14:06,239

okay

1757

01:14:10,870 --> 01:14:08,960

all right so um also uh

1758

01:14:14,070 --> 01:14:10,880

for those who are maybe just now tuning

1759

01:14:16,229 --> 01:14:14,080

in you can ask questions in the in the

1760

01:14:18,950 --> 01:14:16,239

chat please make sure to include three

1761

01:14:21,189 --> 01:14:18,960

asterisks before your question and

1762

01:14:22,470 --> 01:14:21,199

they'll pop out at me a lot easier

1763

01:14:24,070 --> 01:14:22,480

and also

1764

01:14:26,550 --> 01:14:24,080

if you're in telegram

1765

01:14:29,430 --> 01:14:26,560

or don't have telegram you can download

1766

01:14:30,310 --> 01:14:29,440

it install it join the ufo hub telegram

1767

01:14:32,390 --> 01:14:30,320

group

1768

01:14:35,110 --> 01:14:32,400

the link is in the description below and

1769

01:14:36,149 --> 01:14:35,120

you can actually ask a question of penny

1770

01:14:38,550 --> 01:14:36,159

yourself

1771

01:14:40,790 --> 01:14:38,560

so um so the next question i think you

1772

01:14:42,149 --> 01:14:40,800

answered this in some ways but just out

1773

01:14:43,669 --> 01:14:42,159

of respect and i appreciate them

1774

01:14:45,189 --> 01:14:43,679

submitting it i'll ask it and i'll leave

1775

01:14:46,950 --> 01:14:45,199

it up to you all

1776

01:14:49,430 --> 01:14:46,960

with the

1777

01:14:52,229 --> 01:14:49,440

how how you want to go about it uh jason

1778

01:14:54,630 --> 01:14:52,239

is basically saying thank you penny will

1779

01:14:57,350 --> 01:14:54,640

the establishment succeed in the mass

1780

01:14:59,030 --> 01:14:57,360

subjugation and persecution of those who

1781

01:15:01,430 --> 01:14:59,040

will not take the shot

1782

01:15:03,750 --> 01:15:01,440

when those who have

1783

01:15:06,149 --> 01:15:03,760

one dose

1784

01:15:10,390 --> 01:15:06,159

sorry i mean oh when those who have

1785

01:15:11,510 --> 01:15:10,400

begin getting horribly sick as a group

1786

01:15:12,470 --> 01:15:11,520

um

1787

01:15:13,990 --> 01:15:12,480

i'd

1788

01:15:16,709 --> 01:15:14,000

read the first part of that question

1789

01:15:19,590 --> 01:15:16,719

again because that was the key part

1790

01:15:22,470 --> 01:15:19,600

it says will the establishment succeed

1791

01:15:25,189 --> 01:15:22,480

in the mass subjugation and persecution

1792

01:15:27,430 --> 01:15:25,199

of those who will not take the shot

1793

01:15:31,510 --> 01:15:27,440

okay stop right there

1794

01:15:32,709 --> 01:15:31,520

um only if we give our power over to

1795

01:15:34,870 --> 01:15:32,719

them

1796

01:15:38,070 --> 01:15:34,880

only if we do that

1797

01:15:41,510 --> 01:15:38,080

there's a few thousand of them there's

1798

01:15:44,790 --> 01:15:41,520

what seven billion eight billion of us

1799

01:15:46,310 --> 01:15:44,800

um what you see happening is people

1800

01:15:48,950 --> 01:15:46,320

ignoring

1801

01:15:51,189 --> 01:15:48,960

um yes there's some people that will

1802

01:15:52,870 --> 01:15:51,199

maybe go to jail there's some people

1803

01:15:56,470 --> 01:15:52,880

that may end up

1804

01:15:57,669 --> 01:15:56,480

um having a hassle those are going to be

1805

01:15:58,870 --> 01:15:57,679

our

1806

01:16:01,430 --> 01:15:58,880

um

1807

01:16:04,310 --> 01:16:01,440

our models

1808

01:16:05,350 --> 01:16:04,320

if i can say it that way um

1809

01:16:08,470 --> 01:16:05,360

so

1810

01:16:11,270 --> 01:16:08,480

we if we give in it's over it's game

1811

01:16:15,830 --> 01:16:11,280

over for us and they won

1812

01:16:17,990 --> 01:16:15,840

i don't see that happening i just don't

1813

01:16:20,310 --> 01:16:18,000

people are fed up

1814

01:16:23,910 --> 01:16:20,320

um and even the people in australia

1815

01:16:26,470 --> 01:16:23,920

where the uh measures to get control of

1816

01:16:28,149 --> 01:16:26,480

the people are draconian

1817

01:16:31,270 --> 01:16:28,159

um they're not

1818

01:16:33,030 --> 01:16:31,280

they i was kind of chuckling at the uh

1819

01:16:35,990 --> 01:16:33,040

they've coined a term down there they're

1820

01:16:39,030 --> 01:16:36,000

going not walkabout

1821

01:16:41,669 --> 01:16:39,040

which is a term used by the aborigines

1822

01:16:44,390 --> 01:16:41,679

um they they go on a walkabout around

1823

01:16:46,310 --> 01:16:44,400

the desert i guess but the australians

1824

01:16:47,990 --> 01:16:46,320

are going on a walk around in other

1825

01:16:49,030 --> 01:16:48,000

words they're going to walk around

1826

01:16:51,110 --> 01:16:49,040

they're not going to stay in their

1827

01:16:52,790 --> 01:16:51,120

houses they're going to the beach

1828

01:16:55,669 --> 01:16:52,800

they're not going to wear their masks

1829

01:17:00,070 --> 01:16:55,679

they're going to do life normally

1830

01:17:01,030 --> 01:17:00,080

um and i was like oh wow good for them

1831

01:17:05,510 --> 01:17:01,040

so

1832

01:17:08,229 --> 01:17:05,520

um the the power to not do i think i i

1833

01:17:10,790 --> 01:17:08,239

think i mentioned that last time maybe

1834

01:17:12,950 --> 01:17:10,800

not i'll just mention it again

1835

01:17:14,310 --> 01:17:12,960

uh we have the power to do

1836

01:17:16,310 --> 01:17:14,320

something

1837

01:17:17,590 --> 01:17:16,320

and we have the power to not do

1838

01:17:19,669 --> 01:17:17,600

something

1839

01:17:22,470 --> 01:17:19,679

and the little man of brown robes said

1840

01:17:25,430 --> 01:17:22,480

it would all come down to not doing

1841

01:17:27,750 --> 01:17:25,440

it would come down to not doing anything

1842

01:17:29,990 --> 01:17:27,760

that they needed us to do that the cabal

1843

01:17:32,149 --> 01:17:30,000

needed us to do i think you did mention

1844

01:17:34,790 --> 01:17:32,159

it that amounted to was not going to

1845

01:17:37,430 --> 01:17:34,800

work not spending any money not

1846

01:17:40,790 --> 01:17:37,440

traveling anywhere not doing anything we

1847

01:17:43,750 --> 01:17:40,800

were told they they said everybody get

1848

01:17:45,350 --> 01:17:43,760

ready and then sit down sit down and

1849

01:17:48,630 --> 01:17:45,360

stay in your houses and don't do

1850

01:17:51,910 --> 01:17:48,640

anything and very quickly there would be

1851

01:17:53,590 --> 01:17:51,920

the realization that by the cabal

1852

01:17:55,110 --> 01:17:53,600

that hmm

1853

01:17:57,350 --> 01:17:55,120

okay

1854

01:17:59,030 --> 01:17:57,360

well if we go invade in some house we're

1855

01:17:59,910 --> 01:17:59,040

going to look bad we can't really do

1856

01:18:02,229 --> 01:17:59,920

that

1857

01:18:04,950 --> 01:18:02,239

um and so they don't they don't know

1858

01:18:06,630 --> 01:18:04,960

what to do they're expecting

1859

01:18:10,149 --> 01:18:06,640

the uh

1860

01:18:12,709 --> 01:18:10,159

us to rebel so they can pounce on us

1861

01:18:15,750 --> 01:18:12,719

if we just all

1862

01:18:19,110 --> 01:18:15,760

not doing that not going there not

1863

01:18:23,030 --> 01:18:19,120

not doing anything they expect us to do

1864

01:18:24,950 --> 01:18:23,040

um then number one it takes a huge huge

1865

01:18:27,990 --> 01:18:24,960

chunk of cash the robes said it will

1866

01:18:30,310 --> 01:18:28,000

only take three days and and the rest of

1867

01:18:31,350 --> 01:18:30,320

their financial power would just

1868

01:18:33,750 --> 01:18:31,360

collapse

1869

01:18:37,189 --> 01:18:33,760

and it would only take three days for us

1870

01:18:40,390 --> 01:18:37,199

to discover how much power we have

1871

01:18:43,669 --> 01:18:40,400

and so i leave that with you guys think

1872

01:18:46,390 --> 01:18:43,679

about not doing

1873

01:18:49,270 --> 01:18:46,400

great thank you uh the next one is from

1874

01:18:52,390 --> 01:18:49,280

jane asking how will the new medical

1875

01:18:55,669 --> 01:18:52,400

field manifest i.e vibrational medicine

1876

01:18:57,189 --> 01:18:55,679

and natural plant medicines

1877

01:18:59,110 --> 01:18:57,199

um okay

1878

01:19:00,950 --> 01:18:59,120

yeah oh man

1879

01:19:03,669 --> 01:19:00,960

um

1880

01:19:06,950 --> 01:19:03,679

the the medical system is really in for

1881

01:19:10,470 --> 01:19:06,960

a huge makeover i think it'll be

1882

01:19:13,270 --> 01:19:10,480

um six of one half dozen of another

1883

01:19:14,950 --> 01:19:13,280

meaning the old technology which is

1884

01:19:16,550 --> 01:19:14,960

drugs and

1885

01:19:19,430 --> 01:19:16,560

surgeries and

1886

01:19:23,189 --> 01:19:19,440

um stuff like that for a while

1887

01:19:26,229 --> 01:19:23,199

but the new um the new system

1888

01:19:28,790 --> 01:19:26,239

that i saw when i was in the future

1889

01:19:32,229 --> 01:19:28,800

was all done on the internet

1890

01:19:34,390 --> 01:19:32,239

um you put you went up to this gadget

1891

01:19:35,350 --> 01:19:34,400

this little thing that you turned on a

1892

01:19:37,990 --> 01:19:35,360

light

1893

01:19:39,990 --> 01:19:38,000

and you picked your finger and you rub

1894

01:19:42,470 --> 01:19:40,000

some blood on a slide and you put that

1895

01:19:47,189 --> 01:19:42,480

slide underneath that light

1896

01:19:49,430 --> 01:19:47,199

and it analyzed your entire system

1897

01:19:51,270 --> 01:19:49,440

and and then fed back to you this is

1898

01:19:53,270 --> 01:19:51,280

what's going on with you this is what

1899

01:19:55,510 --> 01:19:53,280

you need this is where to get it

1900

01:19:57,510 --> 01:19:55,520

and that just all came as a printout and

1901

01:20:01,189 --> 01:19:57,520

so the diagnosis

1902

01:20:02,950 --> 01:20:01,199

um the the prescriptions if you will

1903

01:20:04,790 --> 01:20:02,960

and the um

1904

01:20:07,270 --> 01:20:04,800

you know the thing that you needed to

1905

01:20:08,709 --> 01:20:07,280

know in order to understand and heal

1906

01:20:12,310 --> 01:20:08,719

was done in

1907

01:20:15,350 --> 01:20:12,320

like 15 20 minutes was amazing

1908

01:20:18,470 --> 01:20:15,360

i think there are um there are pieces of

1909

01:20:22,550 --> 01:20:18,480

equipment that are out there i have one

1910

01:20:25,910 --> 01:20:22,560

bcx is one form of frequency generator

1911

01:20:28,950 --> 01:20:25,920

you erase certain frequencies

1912

01:20:31,590 --> 01:20:28,960

from the body you erase the bacteria you

1913

01:20:35,270 --> 01:20:31,600

erase the corona

1914

01:20:37,669 --> 01:20:35,280

erase the parasite you re erase the

1915

01:20:40,149 --> 01:20:37,679

whatever it is you need to erase

1916

01:20:43,110 --> 01:20:40,159

um that i think gets much more

1917

01:20:44,790 --> 01:20:43,120

sophisticated and the thing i saw in the

1918

01:20:47,430 --> 01:20:44,800

future was

1919

01:20:49,350 --> 01:20:47,440

it didn't i never really heard the name

1920

01:20:52,709 --> 01:20:49,360

of it but it was this

1921

01:20:55,030 --> 01:20:52,719

uh machine that

1922

01:20:56,070 --> 01:20:55,040

you kind of got in between these two

1923

01:20:58,790 --> 01:20:56,080

plates

1924

01:21:01,750 --> 01:20:58,800

and it not only erased everything bad

1925

01:21:04,550 --> 01:21:01,760

from your system it restored everything

1926

01:21:05,990 --> 01:21:04,560

that you needed and so people lived a

1927

01:21:09,669 --> 01:21:06,000

very long time

1928

01:21:11,270 --> 01:21:09,679

because they were constantly being

1929

01:21:15,110 --> 01:21:11,280

restored

1930

01:21:17,030 --> 01:21:15,120

so and that came as a result of the fact

1931

01:21:19,590 --> 01:21:17,040

that we were trying to

1932

01:21:21,270 --> 01:21:19,600

keep the population on the planet from

1933

01:21:24,070 --> 01:21:21,280

collapsing

1934

01:21:27,030 --> 01:21:24,080

we lost quite a few people

1935

01:21:32,149 --> 01:21:29,669

the medical system

1936

01:21:33,189 --> 01:21:32,159

uh then there's old-fashioned herbs

1937

01:21:34,950 --> 01:21:33,199

wonderful

1938

01:21:36,229 --> 01:21:34,960

absolutely fabulous a lot of people

1939

01:21:38,870 --> 01:21:36,239

incorporate

1940

01:21:41,189 --> 01:21:38,880

i'm gonna say

1941

01:21:42,390 --> 01:21:41,199

probably three dozen herbs

1942

01:21:46,229 --> 01:21:42,400

minimum

1943

01:21:49,030 --> 01:21:46,239

into their diet in the future

1944

01:21:51,430 --> 01:21:49,040

some to drink some added into salads

1945

01:21:52,950 --> 01:21:51,440

some added into

1946

01:21:54,070 --> 01:21:52,960

foods

1947

01:21:57,750 --> 01:21:54,080

some

1948

01:22:00,390 --> 01:21:57,760

foods

1949

01:22:03,510 --> 01:22:00,400

uh some as medicine

1950

01:22:06,790 --> 01:22:03,520

i mean the whole field of herbs

1951

01:22:08,870 --> 01:22:06,800

uh sort of mushrooms i guess or balloons

1952

01:22:11,669 --> 01:22:08,880

up

1953

01:22:13,669 --> 01:22:11,679

so that's what i've seen

1954

01:22:16,629 --> 01:22:13,679

great thank you um this next one is more

1955

01:22:18,149 --> 01:22:16,639

of a just a statement from anya p saying

1956

01:22:21,510 --> 01:22:18,159

i love you penny i have watched your

1957

01:22:22,629 --> 01:22:21,520

videos about 18 months every day

1958

01:22:25,430 --> 01:22:22,639

oh my

1959

01:22:26,629 --> 01:22:25,440

okay well thank you anya

1960

01:22:28,310 --> 01:22:26,639

appreciate it

1961

01:22:30,149 --> 01:22:28,320

lina is

1962

01:22:32,070 --> 01:22:30,159

again i think you've answered this in

1963

01:22:33,750 --> 01:22:32,080

one way or another but the question the

1964

01:22:36,229 --> 01:22:33,760

question is will there be

1965

01:22:38,709 --> 01:22:36,239

uh truth anytime soon

1966

01:22:40,709 --> 01:22:38,719

from lena

1967

01:22:42,149 --> 01:22:40,719

um

1968

01:22:43,669 --> 01:22:42,159

okay

1969

01:22:49,110 --> 01:22:43,679

so

1970

01:22:51,590 --> 01:22:49,120

what lena's asking is

1971

01:22:54,709 --> 01:22:51,600

truth about

1972

01:22:57,189 --> 01:22:54,719

who's honest and who's not

1973

01:23:02,790 --> 01:22:59,910

doing something good and who's trying to

1974

01:23:05,270 --> 01:23:02,800

cover up something bad

1975

01:23:08,070 --> 01:23:05,280

the honesty about the financial system

1976

01:23:09,910 --> 01:23:08,080

and how that has been used to enslave us

1977

01:23:11,750 --> 01:23:09,920

things like that

1978

01:23:15,270 --> 01:23:11,760

uh so

1979

01:23:16,550 --> 01:23:15,280

the the bottom line is no i haven't seen

1980

01:23:23,189 --> 01:23:16,560

that

1981

01:23:26,629 --> 01:23:23,199

look at what's happening

1982

01:23:29,030 --> 01:23:26,639

they assess for themselves

1983

01:23:30,709 --> 01:23:29,040

that something

1984

01:23:32,950 --> 01:23:30,719

is um

1985

01:23:36,709 --> 01:23:32,960

this is what they think is actually gone

1986

01:23:38,550 --> 01:23:36,719

on and because of the diversity

1987

01:23:41,189 --> 01:23:38,560

of perception

1988

01:23:43,750 --> 01:23:41,199

that we have on the planet which we need

1989

01:23:46,229 --> 01:23:43,760

in order to have this kind of

1990

01:23:47,990 --> 01:23:46,239

diverse reality system we need that

1991

01:23:50,629 --> 01:23:48,000

diversity

1992

01:23:52,070 --> 01:23:50,639

people come to their own

1993

01:23:54,790 --> 01:23:52,080

perspective

1994

01:23:58,709 --> 01:23:54,800

of not only what happened but why it

1995

01:24:00,790 --> 01:23:58,719

happened and who made it happen and who

1996

01:24:02,709 --> 01:24:00,800

fixed it or tried to rescue it or tried

1997

01:24:05,430 --> 01:24:02,719

to change it

1998

01:24:07,350 --> 01:24:05,440

and so different places

1999

01:24:08,870 --> 01:24:07,360

have different

2000

01:24:10,709 --> 01:24:08,880

how do i say it

2001

01:24:13,830 --> 01:24:10,719

they have different

2002

01:24:17,990 --> 01:24:13,840

uh applications of truth

2003

01:24:22,149 --> 01:24:18,000

and and that's as it should be

2004

01:24:24,550 --> 01:24:22,159

the only real truth is source

2005

01:24:25,990 --> 01:24:24,560

the only real truth is that everything

2006

01:24:28,830 --> 01:24:26,000

is source

2007

01:24:30,470 --> 01:24:28,840

we're made of source and we are the

2008

01:24:33,189 --> 01:24:30,480

power um

2009

01:24:34,229 --> 01:24:33,199

behind what's happening in this reality

2010

01:24:37,910 --> 01:24:34,239

system

2011

01:24:40,470 --> 01:24:37,920

if we do not wake up and and take

2012

01:24:41,910 --> 01:24:40,480

responsibility for that

2013

01:24:46,070 --> 01:24:41,920

then we're never going to get to the

2014

01:24:47,430 --> 01:24:46,080

truth at all so the the fact of the

2015

01:24:48,470 --> 01:24:47,440

matter is

2016

01:24:49,990 --> 01:24:48,480

um

2017

01:24:51,669 --> 01:24:50,000

you know everybody's going to believe

2018

01:24:53,669 --> 01:24:51,679

what they want

2019

01:24:55,830 --> 01:24:53,679

what i see is a lot of people end up

2020

01:24:57,510 --> 01:24:55,840

coming to pretty much similar

2021

01:25:00,310 --> 01:24:57,520

conclusions

2022

01:25:01,510 --> 01:25:00,320

okay but it's not a hundred percent

2023

01:25:05,270 --> 01:25:01,520

thank you

2024

01:25:07,350 --> 01:25:05,280

um fab 22 uh you are unmuted and mute

2025

01:25:09,830 --> 01:25:07,360

yourself and please go ahead and ask a

2026

01:25:14,070 --> 01:25:11,350

hi can you hear me

2027

01:25:15,830 --> 01:25:14,080

yes please yes i can

2028

01:25:18,550 --> 01:25:15,840

almost excellent thank you for the show

2029

01:25:20,709 --> 01:25:18,560

tonight it's uh really really awesome uh

2030

01:25:22,870 --> 01:25:20,719

two small questions please uh the first

2031

01:25:26,229 --> 01:25:22,880

one uh would be what would be your

2032

01:25:28,149 --> 01:25:26,239

advice on people suffering complex uh

2033

01:25:30,629 --> 01:25:28,159

post-traumatic depression disorder

2034

01:25:33,110 --> 01:25:30,639

regarding to uh repeat his uh

2035

01:25:35,750 --> 01:25:33,120

uh visitation by uh

2036

01:25:37,669 --> 01:25:35,760

uh other beings

2037

01:25:39,430 --> 01:25:37,679

uh being the first one the other one is

2038

01:25:45,270 --> 01:25:39,440

more of a joke one you know how come

2039

01:25:51,189 --> 01:25:48,229

because this is my first day um

2040

01:25:52,830 --> 01:25:51,199

back here in the southern part of the us

2041

01:25:55,590 --> 01:25:52,840

and all the clocks are

2042

01:25:59,030 --> 01:25:55,600

off so all right

2043

01:26:00,310 --> 01:25:59,040

so yeah no no spiritual connections here

2044

01:26:02,070 --> 01:26:00,320

okay

2045

01:26:05,510 --> 01:26:02,080

all right i'll fix the clock as soon as

2046

01:26:09,750 --> 01:26:07,189

it's not a problem for me my mind has

2047

01:26:11,510 --> 01:26:09,760

been stuck for one year now so

2048

01:26:15,990 --> 01:26:11,520

okay

2049

01:26:18,950 --> 01:26:16,000

yeah i'm in a pretty bare office i'm not

2050

01:26:21,910 --> 01:26:18,960

my usual place um and i'm loving the

2051

01:26:23,990 --> 01:26:21,920

weather down here oh it's very nice so

2052

01:26:25,910 --> 01:26:24,000

to answer your question about the people

2053

01:26:28,629 --> 01:26:25,920

who get caught in

2054

01:26:30,550 --> 01:26:28,639

depression and post-traumatic stress

2055

01:26:31,669 --> 01:26:30,560

because they're being picked up by other

2056

01:26:32,709 --> 01:26:31,679

beings

2057

01:26:35,430 --> 01:26:32,719

um

2058

01:26:38,310 --> 01:26:35,440

that there has to be

2059

01:26:39,430 --> 01:26:38,320

and this is the only thing that i know

2060

01:26:43,510 --> 01:26:39,440

of

2061

01:26:45,350 --> 01:26:43,520

that has ever been effective

2062

01:26:49,030 --> 01:26:45,360

that you have to be

2063

01:26:51,350 --> 01:26:49,040

able to allow them to take you

2064

01:26:53,510 --> 01:26:51,360

and then you have to come to your full

2065

01:26:56,310 --> 01:26:53,520

awareness and full power without

2066

01:26:57,990 --> 01:26:56,320

freaking out and without getting out of

2067

01:27:00,550 --> 01:26:58,000

control

2068

01:27:03,910 --> 01:27:00,560

and you'll have to look at them right in

2069

01:27:05,510 --> 01:27:03,920

the eye and communicate verbally and

2070

01:27:07,430 --> 01:27:05,520

mind to mind

2071

01:27:10,390 --> 01:27:07,440

both at the same time

2072

01:27:11,669 --> 01:27:10,400

and this is hard to do to say

2073

01:27:14,550 --> 01:27:11,679

and see

2074

01:27:15,350 --> 01:27:14,560

what you want at the same time and to

2075

01:27:18,629 --> 01:27:15,360

say

2076

01:27:21,110 --> 01:27:18,639

i want you to stop this take me back

2077

01:27:23,990 --> 01:27:21,120

immediately you do not have permission

2078

01:27:25,149 --> 01:27:24,000

to do this anymore

2079

01:27:29,510 --> 01:27:25,159

and

2080

01:27:33,910 --> 01:27:29,520

99 times out of 100 that is enough

2081

01:27:36,950 --> 01:27:33,920

when you are too aware and too awake and

2082

01:27:38,390 --> 01:27:36,960

too willing to confront them on their

2083

01:27:40,950 --> 01:27:38,400

territory

2084

01:27:43,750 --> 01:27:40,960

in their situation

2085

01:27:45,750 --> 01:27:43,760

mind to mind and verbally as well

2086

01:27:48,149 --> 01:27:45,760

without all the freaking out in the

2087

01:27:51,910 --> 01:27:48,159

struggle that usually happens

2088

01:27:52,950 --> 01:27:51,920

then without caving without feeling poor

2089

01:27:55,750 --> 01:27:52,960

me

2090

01:27:59,510 --> 01:27:55,760

then they will stop

2091

01:28:01,990 --> 01:27:59,520

so and then once they stop

2092

01:28:03,189 --> 01:28:02,000

you really probably are going to

2093

01:28:05,430 --> 01:28:03,199

discover

2094

01:28:06,709 --> 01:28:05,440

that one of the reasons why you're being

2095

01:28:08,790 --> 01:28:06,719

picked up is

2096

01:28:10,870 --> 01:28:08,800

that your whole family has been involved

2097

01:28:11,750 --> 01:28:10,880

number one

2098

01:28:14,709 --> 01:28:11,760

but

2099

01:28:17,350 --> 01:28:14,719

that you are not healthy

2100

01:28:19,030 --> 01:28:17,360

you don't have the energy field that

2101
01:28:21,510 --> 01:28:19,040
would allow them

2102
01:28:22,470 --> 01:28:21,520
or that would keep them from taking off

2103
01:28:25,030 --> 01:28:22,480
with you

2104
01:28:26,709 --> 01:28:25,040
you will have we're we're lazy we are

2105
01:28:28,390 --> 01:28:26,719
lazy people

2106
01:28:30,070 --> 01:28:28,400
we don't want to pay attention that's

2107
01:28:33,110 --> 01:28:30,080
how we got into this mess with the

2108
01:28:35,669 --> 01:28:33,120
government and with the medical system

2109
01:28:38,950 --> 01:28:35,679
we oh we just want to go about doing our

2110
01:28:40,629 --> 01:28:38,960
thing and and um life is good and it's

2111
01:28:43,590 --> 01:28:40,639
not bothering me so i don't have to do

2112
01:28:45,030 --> 01:28:43,600
anything well that doesn't work

2113
01:28:47,270 --> 01:28:45,040

so um

2114

01:28:48,310 --> 01:28:47,280

the there's a couple things that you can

2115

01:28:51,110 --> 01:28:48,320

take

2116

01:28:56,390 --> 01:28:51,120

uh to relieve depression one is a

2117

01:28:59,669 --> 01:28:56,400

combination of iodine plus atp cofactors

2118

01:29:02,629 --> 01:28:59,679

adenosine triphosphate cofactors which

2119

01:29:06,070 --> 01:29:02,639

is a heavy duty combination of the b

2120

01:29:09,030 --> 01:29:06,080

vitamins plus iodine

2121

01:29:13,270 --> 01:29:09,040

raises your energy and the other is

2122

01:29:14,149 --> 01:29:13,280

same which is a supplement s a m hyphen

2123

01:29:22,070 --> 01:29:14,159

e

2124

01:29:25,669 --> 01:29:22,080

and um and that also

2125

01:29:27,110 --> 01:29:25,679

gets you past depression um gets you off

2126
01:29:29,830 --> 01:29:27,120
wellbutrin

2127
01:29:32,790 --> 01:29:29,840
and all of those things that

2128
01:29:35,030 --> 01:29:32,800
that the system gives you so

2129
01:29:37,350 --> 01:29:35,040
just make sure that you're taking

2130
01:29:41,990 --> 01:29:37,360
b6 with the

2131
01:29:44,310 --> 01:29:42,000
sam e and voila it's amazing and

2132
01:29:46,870 --> 01:29:44,320
that's been shown to

2133
01:29:48,390 --> 01:29:46,880
do more than just relieve depression

2134
01:29:52,310 --> 01:29:48,400
it also

2135
01:29:55,189 --> 01:29:52,320
helps fix things like

2136
01:29:57,110 --> 01:29:55,199
arthritis um

2137
01:29:59,189 --> 01:29:57,120
oh gosh

2138
01:30:03,189 --> 01:29:59,199

not a whole lot with schizophrenia but

2139

01:30:06,550 --> 01:30:03,199

it helps with schizophrenia um and uh

2140

01:30:09,750 --> 01:30:06,560

also what is uh chronic fatigue um

2141

01:30:12,629 --> 01:30:09,760

things like that so very very helpful

2142

01:30:14,629 --> 01:30:12,639

you'll have to work mentally and

2143

01:30:16,709 --> 01:30:14,639

physically physically as a supplement

2144

01:30:18,070 --> 01:30:16,719

part don't eat your sugar or that kind

2145

01:30:21,510 --> 01:30:18,080

of stuff

2146

01:30:23,830 --> 01:30:21,520

and spiritually is get a spirit of by

2147

01:30:25,270 --> 01:30:23,840

god i'm in control of my own life leave

2148

01:30:27,830 --> 01:30:25,280

me alone

2149

01:30:29,990 --> 01:30:27,840

and then emotionally you keep your

2150

01:30:32,229 --> 01:30:30,000

emotions under

2151

01:30:35,430 --> 01:30:32,239

your own discipline

2152

01:30:36,870 --> 01:30:35,440

and that's it well great thank you penny

2153

01:30:38,790 --> 01:30:36,880

so penny um

2154

01:30:40,790 --> 01:30:38,800

what about two more questions and let

2155

01:30:42,790 --> 01:30:40,800

that be it then okay okay

2156

01:30:44,550 --> 01:30:42,800

all right so uh one i think you already

2157

01:30:46,629 --> 01:30:44,560

talked about this we can skip if you

2158

01:30:48,950 --> 01:30:46,639

like or just make a short note on your

2159

01:30:51,430 --> 01:30:48,960

own uh this one is from holly it just

2160

01:30:53,669 --> 01:30:51,440

says hi penny you mentioned in the last

2161

01:30:55,110 --> 01:30:53,679

video that australia has a battle to get

2162

01:30:57,830 --> 01:30:55,120

through

2163

01:31:00,629 --> 01:30:57,840

okay

2164

01:31:02,229 --> 01:31:00,639

and when will we have uh reprieve thank

2165

01:31:03,830 --> 01:31:02,239

you

2166

01:31:06,310 --> 01:31:03,840

um

2167

01:31:08,470 --> 01:31:06,320

i don't know when for sure it could be

2168

01:31:10,470 --> 01:31:08,480

as much as another year

2169

01:31:13,910 --> 01:31:10,480

it could be as little

2170

01:31:15,350 --> 01:31:13,920

as three or four more months

2171

01:31:19,110 --> 01:31:15,360

there's a lot

2172

01:31:20,229 --> 01:31:19,120

of writing on the next three months a

2173

01:31:23,030 --> 01:31:20,239

lot

2174

01:31:26,390 --> 01:31:23,040

if we don't stand up if we don't sit

2175

01:31:28,950 --> 01:31:26,400

down if we don't speak up if we don't

2176
01:31:30,870 --> 01:31:28,960
you know shut up whatever it is we're

2177
01:31:32,070 --> 01:31:30,880
going to do we're going to have to do it

2178
01:31:34,390 --> 01:31:32,080
together

2179
01:31:35,750 --> 01:31:34,400
and i don't see much happening along

2180
01:31:37,590 --> 01:31:35,760
those lines

2181
01:31:38,470 --> 01:31:37,600
um but

2182
01:31:42,870 --> 01:31:38,480
i'm

2183
01:31:46,149 --> 01:31:42,880
somewhere along the line somebody will

2184
01:31:47,910 --> 01:31:46,159
inspire um everybody to move in a

2185
01:31:50,950 --> 01:31:47,920
particular direction

2186
01:31:52,790 --> 01:31:50,960
um in terms of australia

2187
01:31:54,709 --> 01:31:52,800
um

2188
01:31:56,629 --> 01:31:54,719

the big struggle there is going to be

2189

01:31:58,950 --> 01:31:56,639

with um

2190

01:32:01,110 --> 01:31:58,960

i i hate to say

2191

01:32:04,790 --> 01:32:01,120

with china um

2192

01:32:06,149 --> 01:32:04,800

and the betrayal by the the australian

2193

01:32:09,189 --> 01:32:06,159

government

2194

01:32:11,189 --> 01:32:09,199

and um and some of that is starting to

2195

01:32:12,629 --> 01:32:11,199

show up a little bit now

2196

01:32:13,669 --> 01:32:12,639

in the ethers

2197

01:32:14,470 --> 01:32:13,679

um

2198

01:32:15,830 --> 01:32:14,480

and

2199

01:32:18,149 --> 01:32:15,840

so

2200

01:32:19,350 --> 01:32:18,159

i don't know how that's all gonna pan

2201
01:32:20,709 --> 01:32:19,360
out

2202
01:32:21,830 --> 01:32:20,719
but um

2203
01:32:27,990 --> 01:32:21,840
i

2204
01:32:29,270 --> 01:32:28,000
okay

2205
01:32:32,149 --> 01:32:29,280
thank you

2206
01:32:34,950 --> 01:32:32,159
and so the last question is from nick

2207
01:32:37,750 --> 01:32:34,960
is china's population really decreasing

2208
01:32:42,790 --> 01:32:37,760
i ask because i made my own survey while

2209
01:32:44,709 --> 01:32:42,800
living there from 2013 to 2018 and those

2210
01:32:47,350 --> 01:32:44,719
sorry skipped on me and those who were

2211
01:32:50,149 --> 01:32:47,360
born after the one child policy law had

2212
01:32:51,669 --> 01:32:50,159
several siblings

2213
01:32:54,870 --> 01:32:51,679

um yeah

2214

01:32:55,990 --> 01:32:54,880

the population has gone down a little

2215

01:32:59,189 --> 01:32:56,000

bit

2216

01:33:00,629 --> 01:32:59,199

um and that's why china has recently

2217

01:33:02,790 --> 01:33:00,639

updated

2218

01:33:04,790 --> 01:33:02,800

their one child policy first they

2219

01:33:05,669 --> 01:33:04,800

updated it to two and now it's up to

2220

01:33:10,470 --> 01:33:05,679

three

2221

01:33:12,709 --> 01:33:10,480

because they are having such difficulty

2222

01:33:15,510 --> 01:33:12,719

keeping their population up

2223

01:33:17,189 --> 01:33:15,520

getting support from the population that

2224

01:33:21,990 --> 01:33:17,199

exists

2225

01:33:23,830 --> 01:33:22,000

and i just don't see china

2226

01:33:26,470 --> 01:33:23,840

let me let me put it this way i think

2227

01:33:30,229 --> 01:33:26,480

china does fine i don't think the

2228

01:33:31,189 --> 01:33:30,239

ccp the chinese communist party survives

2229

01:33:33,910 --> 01:33:31,199

um

2230

01:33:36,390 --> 01:33:33,920

and i know that there's

2231

01:33:39,750 --> 01:33:36,400

g is doing his damndest

2232

01:33:41,430 --> 01:33:39,760

to get full control and to implement all

2233

01:33:43,830 --> 01:33:41,440

kinds of controls

2234

01:33:45,590 --> 01:33:43,840

um what i see is he's going to push it

2235

01:33:48,830 --> 01:33:45,600

over the edge and then he's going to go

2236

01:33:54,070 --> 01:33:52,470

so or whatever that's what

2237

01:33:57,910 --> 01:33:54,080

yeah honey thank you for that i really

2238

01:34:00,149 --> 01:33:57,920

appreciate it well so i i want to thank

2239

01:34:02,390 --> 01:34:00,159

you very much and i'm sure everyone else

2240

01:34:03,830 --> 01:34:02,400

appreciates that you took the time to

2241

01:34:06,149 --> 01:34:03,840

answer the question especially during

2242

01:34:08,070 --> 01:34:06,159

these times you know when everyone needs

2243

01:34:10,070 --> 01:34:08,080

with some hopeful answers or at least

2244

01:34:12,390 --> 01:34:10,080

some information so

2245

01:34:14,070 --> 01:34:12,400

uh again i don't want to push it please

2246

01:34:16,149 --> 01:34:14,080

know that you're always welcome you know

2247

01:34:20,070 --> 01:34:16,159

to come on anytime you like and i'm sure

2248

01:34:24,790 --> 01:34:22,629

so i'm just gonna say it one last time

2249

01:34:26,629 --> 01:34:24,800

all the exact spelling and all the links

2250

01:34:28,950 --> 01:34:26,639

are in the description below but uh

2251
01:34:30,070 --> 01:34:28,960
penny i'll let you finish off with your

2252
01:34:31,350 --> 01:34:30,080
exact

2253
01:34:34,310 --> 01:34:31,360
links and whatever else you would like

2254
01:34:37,189 --> 01:34:34,320
to promote before we sign off then

2255
01:34:40,149 --> 01:34:37,199
um well i think everything is there the

2256
01:34:42,229 --> 01:34:40,159
um i didn't really look to see where it

2257
01:34:43,750 --> 01:34:42,239
was spelled correctly or where it was

2258
01:34:47,750 --> 01:34:43,760
everything there but

2259
01:34:49,270 --> 01:34:47,760
um you can go to odyssey my videos are

2260
01:34:50,550 --> 01:34:49,280
on odyssey you can go to bitshoot

2261
01:34:53,669 --> 01:34:50,560
they're on bitshoot you can go to

2262
01:34:55,830 --> 01:34:53,679
patreon they're on patreon um and thank

2263
01:34:57,669 --> 01:34:55,840

you for anybody who does offer any kind

2264

01:34:58,629 --> 01:34:57,679

of support on patreon

2265

01:34:59,430 --> 01:34:58,639

um

2266

01:35:03,910 --> 01:34:59,440

the

2267

01:35:04,950 --> 01:35:03,920

um

2268

01:35:07,510 --> 01:35:04,960

audio

2269

01:35:08,470 --> 01:35:07,520

things that i'm part of apple i think

2270

01:35:10,870 --> 01:35:08,480

google

2271

01:35:13,590 --> 01:35:10,880

spotify stitcher

2272

01:35:14,870 --> 01:35:13,600

so any of those you can hear some of the

2273

01:35:16,470 --> 01:35:14,880

things that

2274

01:35:17,669 --> 01:35:16,480

that we put up

2275

01:35:20,310 --> 01:35:17,679

um

2276

01:35:21,430 --> 01:35:20,320

i think i would just like to close with

2277

01:35:26,550 --> 01:35:21,440

one

2278

01:35:29,830 --> 01:35:26,560

and that is that

2279

01:35:32,709 --> 01:35:29,840

you know i spend a lot of time looking

2280

01:35:34,709 --> 01:35:32,719

reading watching listening

2281

01:35:37,350 --> 01:35:34,719

there's a ton

2282

01:35:39,910 --> 01:35:37,360

of amazing information out there it's

2283

01:35:42,629 --> 01:35:39,920

coming from everywhere

2284

01:35:45,590 --> 01:35:42,639

it's and it's good information even the

2285

01:35:48,390 --> 01:35:45,600

information that's not so good is still

2286

01:35:51,430 --> 01:35:48,400

helpful because it gets us to compare

2287

01:35:53,430 --> 01:35:51,440

and contrast and to say well then now

2288

01:35:54,149 --> 01:35:53,440

so-and-so said this but so-and-so said

2289

01:36:00,629 --> 01:35:54,159

that

2290

01:36:03,030 --> 01:36:00,639

there's a lot of information out there

2291

01:36:06,390 --> 01:36:03,040

and and i think we need that information

2292

01:36:09,669 --> 01:36:06,400

but i don't see a whole lot of action

2293

01:36:11,030 --> 01:36:09,679

and information is no good without

2294

01:36:20,310 --> 01:36:11,040

action

2295

01:36:23,270 --> 01:36:20,320

in the same way that

2296

01:36:25,109 --> 01:36:23,280

some sort of kinetic action has to be

2297

01:36:28,550 --> 01:36:25,119

chosen um

2298

01:36:31,750 --> 01:36:28,560

as the as the path that we're taking so

2299

01:36:34,709 --> 01:36:31,760

be thinking about what action am i

2300

01:36:37,669 --> 01:36:34,719

taking what action am i going to take

2301
01:36:39,189 --> 01:36:37,679
and i would say if it was me this is how

2302
01:36:42,470 --> 01:36:39,199
i do it

2303
01:36:45,109 --> 01:36:42,480
i i decide i'm gonna try i'm gonna try

2304
01:36:47,189 --> 01:36:45,119
this decision on for size

2305
01:36:50,310 --> 01:36:47,199
okay this is what i'm gonna do and i

2306
01:36:52,709 --> 01:36:50,320
write it down and i put the date on it

2307
01:36:55,270 --> 01:36:52,719
and i live with that decision for two

2308
01:36:56,870 --> 01:36:55,280
days well if that's then i would have to

2309
01:36:58,550 --> 01:36:56,880
do this well then i'd have to do that

2310
01:37:01,030 --> 01:36:58,560
well then that would mean such and such

2311
01:37:02,709 --> 01:37:01,040
and although you know and you end up

2312
01:37:05,270 --> 01:37:02,719
running into

2313
01:37:07,669 --> 01:37:05,280

all of the parameters

2314

01:37:10,950 --> 01:37:07,679

that you would have to

2315

01:37:13,109 --> 01:37:10,960

deal with if you made that decision

2316

01:37:14,629 --> 01:37:13,119

so then i erased that decision and i

2317

01:37:17,669 --> 01:37:14,639

make a different one

2318

01:37:19,910 --> 01:37:17,679

maybe just the exact opposite okay the

2319

01:37:21,109 --> 01:37:19,920

date on this date that's off this state

2320

01:37:22,950 --> 01:37:21,119

i'm going to do

2321

01:37:25,109 --> 01:37:22,960

this instead

2322

01:37:27,910 --> 01:37:25,119

and i live with that for two or three

2323

01:37:29,750 --> 01:37:27,920

days and try to run into

2324

01:37:33,109 --> 01:37:29,760

go through in my consciousness

2325

01:37:35,189 --> 01:37:33,119

everything that that would mean for me

2326

01:37:36,709 --> 01:37:35,199

and for our world and for the people i

2327

01:37:38,790 --> 01:37:36,719

love

2328

01:37:41,830 --> 01:37:38,800

and then maybe i'll try on a third

2329

01:37:44,070 --> 01:37:41,840

decision or a fourth or fifth until and

2330

01:37:48,950 --> 01:37:44,080

i keep going until i can't think of any

2331

01:37:51,430 --> 01:37:48,960

other decisions or ways of deciding

2332

01:37:53,910 --> 01:37:51,440

what i'm gonna do

2333

01:37:56,070 --> 01:37:53,920

and then i put them all aside and then

2334

01:37:57,189 --> 01:37:56,080

the one that is most appropriate comes

2335

01:37:58,950 --> 01:37:57,199

up

2336

01:38:00,229 --> 01:37:58,960

and has my heart and i can't quit

2337

01:38:03,189 --> 01:38:00,239

thinking about it

2338

01:38:06,310 --> 01:38:03,199

and that's the one that i choose

2339

01:38:08,950 --> 01:38:06,320

so be thinking about what you need to be

2340

01:38:11,510 --> 01:38:08,960

doing lots of good information out there

2341

01:38:12,790 --> 01:38:11,520

what is the action

2342

01:38:14,950 --> 01:38:12,800

okay

2343

01:38:16,709 --> 01:38:14,960

so i'll let you go with that

2344

01:38:19,270 --> 01:38:16,719

well penny thank you for that

2345

01:38:21,430 --> 01:38:19,280

and everyone else thank you as well i'm

2346

01:38:23,430 --> 01:38:21,440

sorry if we haven't gotten to get some

2347

01:38:24,790 --> 01:38:23,440

of your questions but uh there would

2348

01:38:26,790 --> 01:38:24,800

have been a lot and i think we'll be

2349

01:38:30,149 --> 01:38:26,800

here for another four hours but i do

2350

01:38:32,390 --> 01:38:30,159

appreciate you tuning in and uh so penny

